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Center of Light Radio

Guest: Michael Mirdad

Judy
Guest

1
00:00:29,220 --> 00:00:14,900

[Music]

2
00:00:44,830 --> 00:00:29,230

[Applause]

3
00:00:44,840 --> 00:01:04,060

[Music]

4
00:01:08,870 --> 00:01:06,499
welcome to the center of light radio

5
00:01:11,300 --> 00:01:08,880
with spiritual teacher intuitive

6
00:01:13,880 --> 00:01:11,310
musician composer and best-selling

7
00:01:16,100 --> 00:01:13,890
author of the Divine Principle anchoring

8
00:01:18,109 --> 00:01:16,110
heaven on earth your host Keith

9
00:01:20,060 --> 00:01:18,119
Anthony Blanchard welcome one welcome

10
00:01:21,139 --> 00:01:20,070
all Costa Kosovo to pull all around the

11
00:01:22,850 --> 00:01:21,149
world on the Internet thanks for the

12
00:01:26,120 --> 00:01:22,860
marvel of technology I'm coming at you

13
00:01:27,529 --> 00:01:26,130

live on the inception radio network this

14

00:01:28,940 --> 00:01:27,539

is Keith Anthony Blanchett listen to

15

00:01:31,340 --> 00:01:28,950

sinner of light radio Center of divine

16

00:01:33,859 --> 00:01:31,350

unfoldment and reinforcements radio for

17

00:01:35,270 --> 00:01:33,869

the soul or your spiritual seeker who's

18

00:01:37,460 --> 00:01:35,280

ready to move forward in your life let

19

00:01:39,380 --> 00:01:37,470

me tell you about my lifelong work rpm

20

00:01:40,820 --> 00:01:39,390

recognize plug in and manifest your life

21

00:01:42,410 --> 00:01:40,830

if you're wanting to shift from

22

00:01:44,270 --> 00:01:42,420

struggling into feeling that life is

23

00:01:46,309 --> 00:01:44,280

effortless send me an e-mail to book a

24

00:01:49,999 --> 00:01:46,319

free session and keep Anthony Blanchett

25

00:01:51,740 --> 00:01:50,009

at gmail.com title that subtitles I want

26

00:01:54,169 --> 00:01:51,750

my free session will get you going if

27

00:01:55,999 --> 00:01:54,179

you find yourself maybe in a block hmm

28

00:01:57,440 --> 00:01:56,009

you want a little more spiritual

29

00:01:59,930 --> 00:01:57,450

expansion you want to have a greater

30

00:02:02,120 --> 00:01:59,940

degree of intuition whatever whatever it

31

00:02:03,859 --> 00:02:02,130

is you're wanting in the spiritual Reena

32

00:02:06,109 --> 00:02:03,869

I am your go-to guy you can also go to

33

00:02:07,700 --> 00:02:06,119

centre of light radio calm the bottom of

34

00:02:09,499 --> 00:02:07,710

the page you'll see a red Ferrari click

35

00:02:11,870 --> 00:02:09,509

on that red Ferrari you know take you to

36

00:02:13,580 --> 00:02:11,880

a page for rpm and on that page it'll

37

00:02:15,319 --> 00:02:13,590

tell you what you get what you will be

38

00:02:16,910 --> 00:02:15,329

able to decree and also remember it

39

00:02:18,920 --> 00:02:16,920

again you can go to Keith Anthony

40

00:02:22,099 --> 00:02:18,930

Blanchard at gmail.com and let me know

41

00:02:24,470 --> 00:02:22,109

that you want a free session also next

42

00:02:25,670 --> 00:02:24,480

to the right of that red Ferrari on the

43

00:02:28,370 --> 00:02:25,680

opening page you're gonna see a signup

44

00:02:30,289 --> 00:02:28,380

form fill it out you will get a bundles

45

00:02:32,870 --> 00:02:30,299

and bundles of all of my work to present

46

00:02:34,490 --> 00:02:32,880

date check this out for free I woke up

47

00:02:36,920 --> 00:02:34,500

one morning and your intuition said

48

00:02:38,360 --> 00:02:36,930

Keith you need to give all the work all

49

00:02:39,920 --> 00:02:38,370

the way up to current day for freeness

50

00:02:42,020 --> 00:02:39,930

and give my work away for free this is

51
00:02:43,460 --> 00:02:42,030
this is not separation you might mind

52
00:02:45,099 --> 00:02:43,470
you as if I'm here and there's something

53
00:02:47,720 --> 00:02:45,109
there this was my intuitive

54
00:02:49,250 --> 00:02:47,730
dialog that was happening and he said

55
00:02:50,720 --> 00:02:49,260
Keith you don't have the right to hoard

56
00:02:53,420 --> 00:02:50,730
this work it's not right for you just

57
00:02:54,050 --> 00:02:53,430
keep it to yourself give it away and so

58
00:02:55,819 --> 00:02:54,060
that's what I'm doing

59
00:02:57,740 --> 00:02:55,829
so make sure you fill out that signup

60
00:02:59,539 --> 00:02:57,750
form and also you will get access to my

61
00:03:02,870 --> 00:02:59,549
ongoing newsletter that's going to be

62
00:03:04,789 --> 00:03:02,880
happening shortly February 14th

63
00:03:06,559 --> 00:03:04,799

Valentine's Day you can contact me Keith

64

00:03:08,150 --> 00:03:06,569

Ian city Blanchett at gmail.com or you

65

00:03:10,670 --> 00:03:08,160

can find me on social media Facebook

66

00:03:14,030 --> 00:03:10,680

comm slash Keith Anthony Blanchett

67

00:03:15,740 --> 00:03:14,040

Valentine's Day self-love symposium

68

00:03:17,120 --> 00:03:15,750

spiritual teachers from all

69

00:03:20,210 --> 00:03:17,130

around the world going to be offering

70

00:03:22,730 --> 00:03:20,220

their heart and the admission to this

71

00:03:24,830 --> 00:03:22,740

wonderful for our event is your heart

72

00:03:26,120 --> 00:03:24,840

that's the gig get in there and be

73

00:03:27,410 --> 00:03:26,130

passionate about what's happening now

74

00:03:30,620 --> 00:03:27,420

it's time to get down the center of

75

00:03:32,600 --> 00:03:30,630

light radio business today my guest is

76
00:03:34,130 --> 00:03:32,610
mr. Michael Muir dad and we're gonna be

77
00:03:37,670 --> 00:03:34,140
talking about the gifts and challenges

78
00:03:39,590 --> 00:03:37,680
of the spiritual path using clear and

79
00:03:41,540 --> 00:03:39,600
easy to apply insights and tools

80
00:03:43,760 --> 00:03:41,550
Michael Muir dad will share some of the

81
00:03:47,390 --> 00:03:43,770
most important things everyone needs to

82
00:03:49,490 --> 00:03:47,400
know to take a quantum leap in spiritual

83
00:03:51,470 --> 00:03:49,500
and personal development as well as

84
00:03:53,930 --> 00:03:51,480
dealing with the most common challenges

85
00:03:55,670 --> 00:03:53,940
on the path this talk will cover such

86
00:03:57,890 --> 00:03:55,680
topics as applying love and forgiveness

87
00:04:00,440 --> 00:03:57,900
as a means of raising one's

88
00:04:02,990 --> 00:04:00,450

consciousness and vibration let me tell

89

00:04:05,150 --> 00:04:03,000

you about Michael himself Michael is a

90

00:04:07,190 --> 00:04:05,160

world-renowned spiritual teacher healer

91

00:04:08,840 --> 00:04:07,200

and author he is the author of the

92

00:04:12,140 --> 00:04:08,850

best-selling books you're not going

93

00:04:14,449 --> 00:04:12,150

crazy you're just waking up creating

94

00:04:15,949 --> 00:04:14,459

fulfilling relationships the heart of A

95

00:04:17,960 --> 00:04:15,959

Course in Miracles which I love that

96

00:04:19,729 --> 00:04:17,970

course did not honor the course and the

97

00:04:21,800 --> 00:04:19,739

book of love and forgiveness he has also

98

00:04:24,890 --> 00:04:21,810

been the spiritual leader at unity of

99

00:04:26,810 --> 00:04:24,900

Cydonia now for over six years for over

100

00:04:28,280 --> 00:04:26,820

35 years Michael has transformed the

101
00:04:31,340 --> 00:04:28,290
lives of thousands of clients and

102
00:04:33,200 --> 00:04:31,350
facilitated thousands of classes

103
00:04:35,930 --> 00:04:33,210
lectures and workshops throughout the

104
00:04:38,990 --> 00:04:35,940
world on mastery spirituality

105
00:04:42,950 --> 00:04:39,000
relationships and healing and is rightly

106
00:04:46,700 --> 00:04:42,960
noted by many authors as a teachers

107
00:04:48,460 --> 00:04:46,710
teacher and a healers healer welcome to

108
00:04:52,490 --> 00:04:48,470
sort of like radio mr. Michael Moore dad

109
00:04:54,560 --> 00:04:52,500
thank you so good to be here Michael I

110
00:04:55,070 --> 00:04:54,570
always start off my show by asking my

111
00:04:57,350 --> 00:04:55,080
guest

112
00:04:59,360 --> 00:04:57,360
what brought them into the field of

113
00:05:01,159 --> 00:04:59,370

spirituality and awakening it was just

114

00:05:04,010 --> 00:05:01,169

something by you that you would let into

115

00:05:07,310 --> 00:05:04,020

just because of a prompting or was pain

116

00:05:09,140 --> 00:05:07,320

your prompting well you know I always

117

00:05:09,710 --> 00:05:09,150

say we can learn the easy way or the

118

00:05:13,700 --> 00:05:09,720

hard way

119

00:05:15,890 --> 00:05:13,710

and I can say thank God you know that

120

00:05:18,770 --> 00:05:15,900

this time around it was the easy way in

121

00:05:20,480 --> 00:05:18,780

that the prompting was something that

122

00:05:22,580 --> 00:05:20,490

just felt like it was naturally there

123

00:05:26,150 --> 00:05:22,590

you know people are sometimes they they

124

00:05:27,680 --> 00:05:26,160

have stories of drama trauma loss you

125

00:05:29,450 --> 00:05:27,690

know that brings them to the path but

126

00:05:30,710 --> 00:05:29,460

for me I'm one of those and I know

127

00:05:32,420 --> 00:05:30,720

that there's other people out there like

128

00:05:34,029 --> 00:05:32,430

this that I just kind of felt that

129

00:05:36,350 --> 00:05:34,039

connection all the time I'm not saying

130

00:05:38,510 --> 00:05:36,360

you know it's not a boast it's more like

131

00:05:40,909 --> 00:05:38,520

I really feel grateful I'm kind of lucky

132

00:05:42,710 --> 00:05:40,919

that way that I just felt you know one

133

00:05:45,350 --> 00:05:42,720

of those folks that even as a kid

134

00:05:47,240 --> 00:05:45,360

whenever there was a show on or the rare

135

00:05:49,450 --> 00:05:47,250

movies in the old days that were a

136

00:05:53,210 --> 00:05:49,460

little more spiritual I was on it man

137

00:05:55,400 --> 00:05:53,220

music I love spiritual themes in music

138

00:05:56,870 --> 00:05:55,410

whether it was a one hit band or whether

139

00:06:00,379 --> 00:05:56,880

it was a band that was all the time

140

00:06:02,960 --> 00:06:00,389

spiritual I just so I always loved love

141

00:06:05,749 --> 00:06:02,970

I always loved spirituality always loved

142

00:06:07,760 --> 00:06:05,759

anything related and just ate it up and

143

00:06:09,680 --> 00:06:07,770

just felt like my God you know because

144

00:06:12,140 --> 00:06:09,690

at the time yeah you know there it just

145

00:06:13,879 --> 00:06:12,150

wasn't as readily available so we're

146

00:06:15,950 --> 00:06:13,889

really in a fortunate time that it's

147

00:06:18,020 --> 00:06:15,960

become and sometimes it has happened so

148

00:06:20,240 --> 00:06:18,030

slowly people don't realize it we take

149

00:06:22,189 --> 00:06:20,250

for granted that it wasn't there at once

150

00:06:23,570 --> 00:06:22,199

upon a time and it's more readily

151
00:06:26,510 --> 00:06:23,580
available now

152
00:06:28,760 --> 00:06:26,520
spirituality support systems groups and

153
00:06:31,670 --> 00:06:28,770
so on so it's just something it's just

154
00:06:34,370 --> 00:06:31,680
something that was always there inside

155
00:06:37,370 --> 00:06:34,380
of me and it just took some time to to

156
00:06:51,370 --> 00:06:37,380
find my tribes or my you know people of

157
00:06:57,530 --> 00:06:56,030
okay Nolan's no trees so yeah if they're

158
00:07:00,740 --> 00:06:57,540
having a technical issue so I'll

159
00:07:02,690 --> 00:07:00,750
elaborate a little bit you know the

160
00:07:04,670 --> 00:07:02,700
spiritual path I always say to people

161
00:07:09,170 --> 00:07:04,680
it's it's a question I commonly ask

162
00:07:10,879 --> 00:07:09,180
groups you know like hey do you know do

163
00:07:13,790 --> 00:07:10,889

you remember getting on the spiritual

164

00:07:15,860 --> 00:07:13,800

path and you know folks well yeah you

165

00:07:17,720 --> 00:07:15,870

know and some people like yeah you know

166

00:07:18,080 --> 00:07:17,730

and what was it that that brought that

167

00:07:20,180 --> 00:07:18,090

on

168

00:07:23,270 --> 00:07:20,190

well you know I went through a divorce

169

00:07:24,770 --> 00:07:23,280

or someone passed away someone gave me a

170

00:07:26,750 --> 00:07:24,780

book it's not always negative or

171

00:07:28,520 --> 00:07:26,760

difficult or challenging situations but

172

00:07:30,890 --> 00:07:28,530

even you know hey somebody gave me a

173

00:07:32,720 --> 00:07:30,900

book or it's all the variety of things

174

00:07:34,970 --> 00:07:32,730

and then it's always intriguing to ask

175

00:07:36,230 --> 00:07:34,980

like I'm asking you folks listening do

176

00:07:38,000 --> 00:07:36,240

you remember when you got on the

177

00:07:40,520 --> 00:07:38,010

spiritual path what it was that prompted

178

00:07:42,230 --> 00:07:40,530

that so we say sure you know and we

179

00:07:46,190 --> 00:07:42,240

remember some moments here and there but

180

00:07:48,620 --> 00:07:46,200

check this out technically if we have a

181

00:07:50,570 --> 00:07:48,630

spirit within us then that means we've

182

00:07:51,320 --> 00:07:50,580

always been on the spiritual path let me

183

00:07:53,630 --> 00:07:51,330

think about it

184

00:07:56,540 --> 00:07:53,640

any path we walk is a spiritual path

185

00:07:59,210 --> 00:07:56,550

because we have a spirit within us so

186

00:08:00,800 --> 00:07:59,220

there's really I mean it may there may

187

00:08:02,300 --> 00:08:00,810

be times when we seem to have gotten on

188

00:08:04,180 --> 00:08:02,310

the spiritual path but we've always been

189

00:08:07,400 --> 00:08:04,190

on it even if we're talking about

190

00:08:09,980 --> 00:08:07,410

prostitution and drug addiction or you

191

00:08:12,860 --> 00:08:09,990

know or just things that seem a little

192

00:08:15,310 --> 00:08:12,870

more acceptable and and easy you know

193

00:08:18,770 --> 00:08:15,320

raising children going to school

194

00:08:21,110 --> 00:08:18,780

whatever it was it was always part of

195

00:08:23,719 --> 00:08:21,120

our spiritual path because our spirit

196

00:08:25,760 --> 00:08:23,729

has always been here the only thing that

197

00:08:26,900 --> 00:08:25,770

changes really is whether or not it was

198

00:08:29,450 --> 00:08:26,910

the easy way or the hard way

199

00:08:31,279 --> 00:08:29,460

yeah we're always on the spiritual path

200

00:08:34,610 --> 00:08:31,289

but it's not always being done the easy

201
00:08:37,430 --> 00:08:34,620
way right there's times when wow you

202
00:08:40,670 --> 00:08:37,440
know we really learned to be christened

203
00:08:43,010 --> 00:08:40,680
by the Holy 2x4 rather than sprinkled

204
00:08:45,710 --> 00:08:43,020
and anointed with you with the water

205
00:08:48,520 --> 00:08:45,720
blessings you know so it's it's out

206
00:08:51,320 --> 00:08:48,530
that's how you know how it is and and

207
00:08:53,420 --> 00:08:51,330
it's important for us to accept that so

208
00:08:55,790 --> 00:08:53,430
that we can look back and say wow you

209
00:08:57,920 --> 00:08:55,800
know now that I'm understanding that I

210
00:09:01,220 --> 00:08:57,930
can look at my life and stop telling

211
00:09:02,030 --> 00:09:01,230
people husbands children I wish you were

212
00:09:04,460 --> 00:09:02,040
on the

213
00:09:09,230 --> 00:09:04,470

spiritual path instead what we can say

214

00:09:11,540 --> 00:09:09,240

is oops sorry about that I was I was

215

00:09:13,400 --> 00:09:11,550

trying to wish you were on the spiritual

216

00:09:15,379 --> 00:09:13,410

path and in truth you've always been on

217

00:09:17,449 --> 00:09:15,389

the path I just didn't realize it you

218

00:09:19,759 --> 00:09:17,459

were on your path and I was asking you

219

00:09:21,230 --> 00:09:19,769

to get on my path and it's okay for us

220

00:09:23,660 --> 00:09:21,240

to apologize to partners and children

221

00:09:27,110 --> 00:09:23,670

that we were maybe overly pushing to

222

00:09:29,990 --> 00:09:27,120

kind of you know get onto our path you

223

00:09:31,790 --> 00:09:30,000

know finding our way our own way of

224

00:09:33,800 --> 00:09:31,800

letting them find their own way if that

225

00:09:38,210 --> 00:09:33,810

makes sense you can let me know when

226

00:09:41,509 --> 00:09:38,220

you're back on but you know today I was

227

00:09:43,370 --> 00:09:41,519

asked to share some of the tools and

228

00:09:45,110 --> 00:09:43,380

this is really cool I mean this this

229

00:09:47,210 --> 00:09:45,120

could easily be made into a book I don't

230

00:09:49,249 --> 00:09:47,220

think it's one that I would write but it

231

00:09:51,370 --> 00:09:49,259

could easily be made into a book what

232

00:09:53,389 --> 00:09:51,380

are this essential tools for

233

00:09:54,800 --> 00:09:53,399

spirituality on the spiritual path

234

00:09:59,629 --> 00:09:54,810

because there's all kind of me you could

235

00:10:01,879 --> 00:09:59,639

say well tarot cards you know you know

236

00:10:04,699 --> 00:10:01,889

going to a spiritual gathering I mean

237

00:10:08,150 --> 00:10:04,709

those aren't tools those are sort of

238

00:10:10,639 --> 00:10:08,160

little things within the tools the seven

239

00:10:13,970 --> 00:10:10,649

primary tools on the spiritual path how

240

00:10:15,139 --> 00:10:13,980

could the first one not be related to

241

00:10:18,559 --> 00:10:15,149

connecting with spirit

242

00:10:20,720 --> 00:10:18,569

I mean God first in all things whatever

243

00:10:22,420 --> 00:10:20,730

you think you know see God to be let's

244

00:10:27,650 --> 00:10:22,430

think you know God first in all things

245

00:10:30,350 --> 00:10:27,660

so learning to pray and meditate is an

246

00:10:32,809 --> 00:10:30,360

essential tool learning essentially to

247

00:10:36,069 --> 00:10:32,819

commune with God in some form in some

248

00:10:39,470 --> 00:10:36,079

way commune prayer meditation and

249

00:10:41,629 --> 00:10:39,480

learning to just become that presence

250

00:10:42,980 --> 00:10:41,639

not to you know I mean if your thing is

251
00:10:45,769 --> 00:10:42,990
to pray to something out there that's

252
00:10:48,110 --> 00:10:45,779
fine but it's really beautiful to draw

253
00:10:49,639 --> 00:10:48,120
that presence within and awaken

254
00:10:52,629 --> 00:10:49,649
something within so that we become an

255
00:10:55,189 --> 00:10:52,639
integrated part of that divinity the

256
00:10:58,129 --> 00:10:55,199
second tool that I would comment on is

257
00:11:00,519 --> 00:10:58,139
you know prayer and meditation you know

258
00:11:04,040 --> 00:11:00,529
as you heard mentioned in your host here

259
00:11:05,569 --> 00:11:04,050
of course in America is a good is a

260
00:11:08,509 --> 00:11:05,579
wonderful book and a good example of

261
00:11:11,000 --> 00:11:08,519
what that means to practice you know

262
00:11:15,500 --> 00:11:11,010
communion yet in the form of prayer

263
00:11:19,550 --> 00:11:15,510

meditation a lot of us say God is

264

00:11:23,210 --> 00:11:19,560

of love and we have to understand that

265

00:11:24,560 --> 00:11:23,220

love in action love manifested is not

266

00:11:27,080 --> 00:11:24,570

about snuggles

267

00:11:31,640 --> 00:11:27,090

it's not about partnerships in romance

268

00:11:33,620 --> 00:11:31,650

that stuff is really fleeting can you

269

00:11:35,030 --> 00:11:33,630

hear me sir yes yes thank you my

270

00:11:36,800 --> 00:11:35,040

apologies sir I don't know what's going

271

00:11:39,470 --> 00:11:36,810

on but I just caught what you said love

272

00:11:41,870 --> 00:11:39,480

is not about romance snuggles and warm

273

00:11:43,010 --> 00:11:41,880

fuzzy feelings something I say all the

274

00:11:45,920 --> 00:11:43,020

time and again thank you for your

275

00:11:47,480 --> 00:11:45,930

patience everyone it's not it's deeper

276

00:11:49,550 --> 00:11:47,490

than that that is such the superficial

277

00:11:51,170 --> 00:11:49,560

layer of love is that if that's love at

278

00:11:52,280 --> 00:11:51,180

all you got two people in a relationship

279

00:11:54,650 --> 00:11:52,290

and they have been dating for however

280

00:11:56,510 --> 00:11:54,660

many years and one decides for whatever

281

00:11:58,190 --> 00:11:56,520

reasons I'm going to leave and the other

282

00:12:00,740 --> 00:11:58,200

person says but please don't you say

283

00:12:03,770 --> 00:12:00,750

will wise and they say because I love

284

00:12:07,190 --> 00:12:03,780

you that is erroneous you are afraid to

285

00:12:09,830 --> 00:12:07,200

death right it's it's kind of silly in a

286

00:12:12,620 --> 00:12:09,840

way and I've mind you I understand it we

287

00:12:14,870 --> 00:12:12,630

understand it patience and love you know

288

00:12:17,000 --> 00:12:14,880

and everything meant to be to them but

289

00:12:19,280 --> 00:12:17,010

but that's called romance not really

290

00:12:21,770 --> 00:12:19,290

love or or if you're gonna call it love

291

00:12:25,010 --> 00:12:21,780

lowercase L fine but when you and I

292

00:12:27,050 --> 00:12:25,020

practice any of us practice forgiveness

293

00:12:30,110 --> 00:12:27,060

we're practicing love in its greatest

294

00:12:31,010 --> 00:12:30,120

expression on earth that and

295

00:12:33,670 --> 00:12:31,020

unconditional love

296

00:12:36,170 --> 00:12:33,680

meaning to be unconditional with people

297

00:12:37,670 --> 00:12:36,180

and and the practice of forgiveness is

298

00:12:40,700 --> 00:12:37,680

one of the greatest expressions of that

299

00:12:43,370 --> 00:12:40,710

in it when we're beyond this world when

300

00:12:45,560 --> 00:12:43,380

we're in oneness and the Bliss of

301

00:12:47,240 --> 00:12:45,570

divinity divinity or divine

302

00:12:48,830 --> 00:12:47,250

consciousness we don't sit around and

303

00:12:52,340 --> 00:12:48,840

practice forgiveness when we're

304

00:12:54,490 --> 00:12:52,350

completely immersed and one with spirit

305

00:12:58,630 --> 00:12:54,500

there's actually nothing to forgive

306

00:13:01,580 --> 00:12:58,640

because we're in the love that love is

307

00:13:04,460 --> 00:13:01,590

love when it's expressed is called

308

00:13:05,780 --> 00:13:04,470

forgiveness but when you're in the state

309

00:13:08,270 --> 00:13:05,790

of love there's nothing to forgive

310

00:13:10,520 --> 00:13:08,280

because you know who is it that can

311

00:13:12,560 --> 00:13:10,530

offend you in your divine you know is it

312

00:13:14,570 --> 00:13:12,570

that can leave you if you're one with

313

00:13:16,460 --> 00:13:14,580

all beings right right though you know I

314

00:13:18,050 --> 00:13:16,470

did a burst of light live it's something

315

00:13:19,340 --> 00:13:18,060

I'm doing social media often I'm by the

316

00:13:20,780 --> 00:13:19,350

way I'd like to get you on something

317

00:13:23,630 --> 00:13:20,790

else I do because Michael you and I

318

00:13:25,490 --> 00:13:23,640

that's where we think exactly and feel

319

00:13:28,220 --> 00:13:25,500

just like as far as the spiritual

320

00:13:28,759 --> 00:13:28,230

dynamic last night on this particular

321

00:13:31,069 --> 00:13:28,769

line

322

00:13:34,429 --> 00:13:31,079

broadcasts I said you know if there is a

323

00:13:37,519 --> 00:13:34,439

God that is offended how can you how can

324

00:13:39,410 --> 00:13:37,529

you how can you blaspheme the divine it

325

00:13:40,999 --> 00:13:39,420

literally impossible you know Martin

326

00:13:42,590 --> 00:13:41,009

Luther King had that covered I mean

327

00:13:44,119 --> 00:13:42,600

someone spit on him he took out a napkin

328

00:13:45,470 --> 00:13:44,129

and wipe it off and said excuse me sir I

329

00:13:47,900 --> 00:13:45,480

think this belongs to you

330

00:13:49,789 --> 00:13:47,910

maybe the divine a little more credence

331

00:13:52,280 --> 00:13:49,799

then what we do is if the divine could

332

00:13:53,929 --> 00:13:52,290

ever be offended by a human friend

333

00:13:56,660 --> 00:13:53,939

you'll never make the divine of Slade to

334

00:13:58,729 --> 00:13:56,670

humans behavior right it's it's it's

335

00:14:01,999 --> 00:13:58,739

kind of preposterous I understand it

336

00:14:03,650 --> 00:14:02,009

like I said you know it's nice to to

337

00:14:05,840 --> 00:14:03,660

practice being understanding to people

338

00:14:08,210 --> 00:14:05,850

and there's strange relationships with

339

00:14:09,979 --> 00:14:08,220

God there's a there's a saying and I

340

00:14:13,999 --> 00:14:09,989

think you'll be able to relate to this

341

00:14:17,449 --> 00:14:14,009

you know scriptures tell us God made man

342

00:14:19,789 --> 00:14:17,459

in his own image but what has happened

343

00:14:21,919 --> 00:14:19,799

his man now makes God in His image we

344

00:14:25,369 --> 00:14:21,929

make God in our own image we make God

345

00:14:29,479 --> 00:14:25,379

like a parent like a dad to be afraid of

346

00:14:32,449 --> 00:14:29,489

a mom who's not present or whatever so

347

00:14:35,210 --> 00:14:32,459

that's saying and and man made God in

348

00:14:37,309 --> 00:14:35,220

His own image it you know I use that

349

00:14:40,220 --> 00:14:37,319

often and people will go WOW you know

350

00:14:42,289 --> 00:14:40,230

that's that's powerful that's deep when

351

00:14:44,419 --> 00:14:42,299

you think about it man-made God it's

352

00:14:47,090 --> 00:14:44,429

like God made us in His image and we

353

00:14:50,269 --> 00:14:47,100

return the favor you know so we decided

354

00:14:52,789 --> 00:14:50,279

to make God what we want God to be

355

00:14:54,319 --> 00:14:52,799

rather than really the allowing and

356

00:14:57,049 --> 00:14:54,329

understanding of what Spirit means

357

00:14:59,030 --> 00:14:57,059

within us so we kind of put this box

358

00:15:01,429 --> 00:14:59,040

together in our hearts and souls you can

359

00:15:03,169 --> 00:15:01,439

say we want everything to fit that I

360

00:15:04,639 --> 00:15:03,179

want you to fit that I want partners to

361

00:15:07,069 --> 00:15:04,649

fit that I want my children to fit that

362

00:15:09,859 --> 00:15:07,079

but incidentally that saying and

363

00:15:13,519 --> 00:15:09,869

man-made God in his own image

364

00:15:15,499 --> 00:15:13,529

was I think I remember that from the 70s

365

00:15:19,460 --> 00:15:15,509

it was on Jethro Tull's Aqualung how

366

00:15:21,319 --> 00:15:19,470

about my interview with him the other

367

00:15:22,609 --> 00:15:21,329

day and it was just Joyce he broke out

368

00:15:24,530 --> 00:15:22,619

his flute and he started talking about

369

00:15:25,850 --> 00:15:24,540

how he can play very nice and he played

370

00:15:27,710 --> 00:15:25,860

this nice little piece this little

371

00:15:29,210 --> 00:15:27,720

fanfare and he said but I like to play

372

00:15:31,009 --> 00:15:29,220

dirty he started doing some growly

373

00:15:32,749 --> 00:15:31,019

inside the flute it was this really made

374

00:15:35,780 --> 00:15:32,759

the ear dude so you're a musician as

375

00:15:37,549 --> 00:15:35,790

well is that right no no I can I can

376

00:15:39,019 --> 00:15:37,559

find notes and play around and take her

377

00:15:41,720 --> 00:15:39,029

up but no I'm I'm not a trained musician

378

00:15:45,039 --> 00:15:41,730

don't have that talent Michael were you

379

00:15:47,720 --> 00:15:45,049

talking about just a minute ago about

380

00:15:49,009 --> 00:15:47,730

painting God in our image creating God

381

00:15:52,220 --> 00:15:49,019

in our image would you agree with the

382

00:15:53,509 --> 00:15:52,230

idea that how we see the world and how

383

00:15:55,549 --> 00:15:53,519

we think things should happen in the

384

00:15:57,409 --> 00:15:55,559

world is how we think God sees us for

385

00:15:59,689 --> 00:15:57,419

example if we believe in someone needing

386

00:16:01,249 --> 00:15:59,699

to be punished somewhere inside we're

387

00:16:03,079 --> 00:16:01,259

believing in a punishing God if we

388

00:16:05,509 --> 00:16:03,089

believe on the outside world

389

00:16:07,489 --> 00:16:05,519

there's no abundance to be had we

390

00:16:09,769 --> 00:16:07,499

believe that God does not provide and so

391

00:16:11,449 --> 00:16:09,779

we project everything onto it is that

392

00:16:12,919 --> 00:16:11,459

what you're saying but differently yeah

393

00:16:15,079 --> 00:16:12,929

and it's you just said it really

394

00:16:18,169 --> 00:16:15,089

beautifully it's called projection right

395

00:16:20,269 --> 00:16:18,179

we we project our image onto God we

396

00:16:24,769 --> 00:16:20,279

project everything but the truth is

397

00:16:27,859 --> 00:16:24,779

we're we're ultimately whatever issues

398

00:16:30,650 --> 00:16:27,869

we have with God and with ourselves we

399

00:16:33,169 --> 00:16:30,660

project outside so when we think people

400

00:16:34,669 --> 00:16:33,179

are mean to us and this is very I want

401
00:16:36,919 --> 00:16:34,679
to be very careful about saying this

402
00:16:38,809 --> 00:16:36,929
because when we're talking about these

403
00:16:41,449 --> 00:16:38,819
spiritual tools the third one I would

404
00:16:44,480 --> 00:16:41,459
name has to do with responsibility and

405
00:16:47,269 --> 00:16:44,490
and this is important because when if I

406
00:16:51,710 --> 00:16:47,279
say when weird mistreated in the outside

407
00:16:54,019 --> 00:16:51,720
world it's it's what we think what God

408
00:16:55,909 --> 00:16:54,029
wants to do to us or or how harsh were

409
00:16:58,850 --> 00:16:55,919
on ourselves we are on ourselves but

410
00:17:00,980 --> 00:16:58,860
saying that can really hurt feelings for

411
00:17:03,379 --> 00:17:00,990
some because they'll say look I was born

412
00:17:06,199 --> 00:17:03,389
and I was abused as a child it's hard

413
00:17:08,360 --> 00:17:06,209

for that person to really understand the

414

00:17:11,120 --> 00:17:08,370

concept we just shared but it's not

415

00:17:13,819 --> 00:17:11,130

meant offensively like that and it's not

416

00:17:16,069 --> 00:17:13,829

meant to blame like if a person's abused

417

00:17:18,919 --> 00:17:16,079

it doesn't mean you've done something

418

00:17:22,370 --> 00:17:18,929

wrong per se but it does mean I would I

419

00:17:25,129 --> 00:17:22,380

would say this when a person is born

420

00:17:29,450 --> 00:17:25,139

into a world and experiences a lot of

421

00:17:32,840 --> 00:17:29,460

abuses somehow the soul of that person

422

00:17:37,340 --> 00:17:32,850

also believes that they're flawed and

423

00:17:39,620 --> 00:17:37,350

they could be could be manifesting those

424

00:17:41,810 --> 00:17:39,630

kinds of events in their lives to mirror

425

00:17:44,360 --> 00:17:41,820

to them how hard they are in themselves

426

00:17:46,220 --> 00:17:44,370

maybe they're you know just gonna use an

427

00:17:48,830 --> 00:17:46,230

example it's not meant to target anybody

428

00:17:50,930 --> 00:17:48,840

but maybe if a person was brought up in

429

00:17:53,000 --> 00:17:50,940

a religion of fundamental religion

430

00:17:54,270 --> 00:17:53,010

whether it's Judaism Christianity or the

431

00:17:56,610 --> 00:17:54,280

Catholicism and all that

432

00:17:59,300 --> 00:17:56,620

whatever let's say a fundamental

433

00:18:02,820 --> 00:17:59,310

religion or a fundamental very

434

00:18:06,060 --> 00:18:02,830

traditional culture and they were really

435

00:18:07,620 --> 00:18:06,070

that was really beat into them their

436

00:18:09,300 --> 00:18:07,630

religion and whatever and God's gonna

437

00:18:10,830 --> 00:18:09,310

get you God's gonna get you okay let's

438

00:18:14,280 --> 00:18:10,840

say that but one person lives like that

439

00:18:17,460 --> 00:18:14,290

in previous lifetime now picture that

440

00:18:19,680 --> 00:18:17,470

person incarnate Segen why would it be

441

00:18:22,380 --> 00:18:19,690

impossible that they would carry some of

442

00:18:25,190 --> 00:18:22,390

those beliefs in and then have them

443

00:18:27,870 --> 00:18:25,200

mirrored to them now the good news is

444

00:18:29,310 --> 00:18:27,880

that it being mirrored has a purpose

445

00:18:32,250 --> 00:18:29,320

which is to get past it

446

00:18:35,540 --> 00:18:32,260

not to do it again you know it's more

447

00:18:38,700 --> 00:18:35,550

like spirit is saying I'm encouraging us

448

00:18:41,880 --> 00:18:38,710

encouraging you to now move past that so

449

00:18:44,340 --> 00:18:41,890

you don't interpret me God as being this

450

00:18:46,860 --> 00:18:44,350

harsh vindictive thing so why don't you

451

00:18:48,990 --> 00:18:46,870

list lifetime look at it let it go and

452

00:18:52,740 --> 00:18:49,000

find love instead so there's our other

453

00:18:55,110 --> 00:18:52,750

option so Michael you and I many people

454

00:18:57,150 --> 00:18:55,120

of the like we understand the concept

455

00:18:59,220 --> 00:18:57,160

not to cop well the idea of God and who

456

00:19:01,710 --> 00:18:59,230

it is truly and what it is where it is

457

00:19:03,900 --> 00:19:01,720

and who is who it is and so when it

458

00:19:05,730 --> 00:19:03,910

comes to our time of passing you know I

459

00:19:07,620 --> 00:19:05,740

get to this place and I see a light I

460

00:19:09,210 --> 00:19:07,630

can't get there fast enough so to speak

461

00:19:10,590 --> 00:19:09,220

right and then you take someone as you

462

00:19:12,270 --> 00:19:10,600

mentioned from a fundamental background

463

00:19:14,790 --> 00:19:12,280

whatever that background may be they

464

00:19:17,160 --> 00:19:14,800

believe in such a dogmatic view that if

465

00:19:19,410 --> 00:19:17,170

I you know when I pass because I'm a

466

00:19:21,570 --> 00:19:19,420

born sinner the last thing I want to do

467

00:19:24,060 --> 00:19:21,580

is go near this light that is planning

468

00:19:26,910 --> 00:19:24,070

to throw me in a pit of fire and someone

469

00:19:30,420 --> 00:19:26,920

they in that moment because of no time

470

00:19:32,460 --> 00:19:30,430

and no no physicality time begins to

471

00:19:34,530 --> 00:19:32,470

manifest immediately so they begin to

472

00:19:37,260 --> 00:19:34,540

fall into this spiritual fetal position

473

00:19:39,510 --> 00:19:37,270

of guilt and they can end up in a lower

474

00:19:40,830 --> 00:19:39,520

astral plane where they will get plenty

475

00:19:44,420 --> 00:19:40,840

of the punishment that they may feel

476

00:19:48,780 --> 00:19:44,430

that they do right that's exactly right

477

00:19:51,000 --> 00:19:48,790

people will well we're co-creating a

478

00:19:52,890 --> 00:19:51,010

reality we're co-creating the universe

479

00:19:55,410 --> 00:19:52,900

the universe they say is still being

480

00:19:57,720 --> 00:19:55,420

created but it's being created because

481

00:19:59,730 --> 00:19:57,730

we're still creating it but the universe

482

00:20:03,060 --> 00:19:59,740

including our personal lives are most

483

00:20:05,610 --> 00:20:03,070

almost you know closed surroundings to

484

00:20:08,030 --> 00:20:05,620

the most vast parts of the universe the

485

00:20:12,690 --> 00:20:08,040

universe is and our life is being

486

00:20:14,970 --> 00:20:12,700

co-created by us so to use like us in a

487

00:20:19,320 --> 00:20:14,980

sort of a way quantum physics as an

488

00:20:24,630 --> 00:20:19,330

example my world what I see outside is a

489

00:20:26,700 --> 00:20:24,640

hologram of me inside so what I see

490

00:20:29,790 --> 00:20:26,710

though is a is a collision of two things

491

00:20:32,700 --> 00:20:29,800

so here comes here comes my reality and

492

00:20:35,820 --> 00:20:32,710

then here comes our reality and when

493

00:20:37,710 --> 00:20:35,830

those two collide they become right here

494

00:20:40,950 --> 00:20:37,720

where the fingers engage or overlap

495

00:20:43,830 --> 00:20:40,960

becomes the material universe so my

496

00:20:45,480 --> 00:20:43,840

thoughts and consciousness our thoughts

497

00:20:47,700 --> 00:20:45,490

and consciousness so it's not just mine

498

00:20:49,680 --> 00:20:47,710

it's ours as well we're watching the

499

00:20:52,440 --> 00:20:49,690

show right now and what does the show

500

00:20:54,660 --> 00:20:52,450

we're experiencing or listening to I'm

501
00:20:57,780 --> 00:20:54,670
here contributing but so are we

502
00:21:00,150 --> 00:20:57,790
because there's me and us there's you

503
00:21:03,600 --> 00:21:00,160
and us there's the listener and us

504
00:21:06,360 --> 00:21:03,610
we're co-creating this and so literally

505
00:21:08,130 --> 00:21:06,370
and figuratively because let's say for

506
00:21:10,410 --> 00:21:08,140
example somebody writes in a question

507
00:21:13,020 --> 00:21:10,420
they're contributing to it that's more

508
00:21:16,040 --> 00:21:13,030
blunt more blatant but there's also just

509
00:21:19,230 --> 00:21:16,050
with somebody just watching or listening

510
00:21:21,419 --> 00:21:19,240
their thoughts have already gone into my

511
00:21:24,030 --> 00:21:21,429
mind in your mind and all of our minds

512
00:21:25,740 --> 00:21:24,040
that are watching listening co-creating

513
00:21:27,660 --> 00:21:25,750

what we're gonna say even though it's it

514

00:21:29,100 --> 00:21:27,670

seems impossible you go well they're

515

00:21:31,140 --> 00:21:29,110

just talking and doing a show how could

516

00:21:34,440 --> 00:21:31,150

they hear my thoughts or whatever but it

517

00:21:36,919 --> 00:21:34,450

it's true it happens kind of like a you

518

00:21:39,720 --> 00:21:36,929

know a sci-fi kind of a movie where

519

00:21:41,520 --> 00:21:39,730

somebody realizes as they're talking you

520

00:21:43,440 --> 00:21:41,530

know like could even be looked at like

521

00:21:45,270 --> 00:21:43,450

Horton The Who right you know you're

522

00:21:47,820 --> 00:21:45,280

you're sitting there talking and you

523

00:21:49,890 --> 00:21:47,830

start hearing someone else contribute to

524

00:21:52,980 --> 00:21:49,900

the conversation well who is that person

525

00:21:54,210 --> 00:21:52,990

well it's this little being that says

526

00:21:57,150 --> 00:21:54,220

that it's on and you know in another

527

00:21:59,790 --> 00:21:57,160

world on the head of a flower it's kind

528

00:22:01,710 --> 00:21:59,800

of like that where these these waves and

529

00:22:03,750 --> 00:22:01,720

streams of thought and questions are

530

00:22:06,240 --> 00:22:03,760

they're not just but just people calling

531

00:22:09,419 --> 00:22:06,250

in and not just people writing in when I

532

00:22:12,150 --> 00:22:09,429

do talks on that sacred services for

533

00:22:14,120 --> 00:22:12,160

people are in spiritual centers I've

534

00:22:17,070 --> 00:22:14,130

learned to explain because they'll say

535

00:22:19,290 --> 00:22:17,080

WOW Michael you you're you're like

536

00:22:20,940 --> 00:22:19,300

speaking directly to me like they they

537

00:22:22,019 --> 00:22:20,950

say in a way I've never heard before

538

00:22:23,789 --> 00:22:22,029

like

539

00:22:26,489 --> 00:22:23,799

I'm thinking specific thoughts going on

540

00:22:28,619 --> 00:22:26,499

in my life I sat down and you went right

541

00:22:31,499 --> 00:22:28,629

to the exact same wording how does that

542

00:22:32,159 --> 00:22:31,509

happen and I can say well because I'm

543

00:22:34,589 --> 00:22:32,169

wonderful

544

00:22:37,109 --> 00:22:34,599

and amazing at that you know but the

545

00:22:38,940 --> 00:22:37,119

truth what I share with people is it's

546

00:22:42,719 --> 00:22:38,950

not about like a I don't sit around

547

00:22:45,570 --> 00:22:42,729

developing a skill on how to you know

548

00:22:47,190 --> 00:22:45,580

read somebody's mind or read their aura

549

00:22:49,200 --> 00:22:47,200

per se even though that's all valid I'm

550

00:22:52,499 --> 00:22:49,210

saying I'm saying I don't sit there and

551
00:22:54,690 --> 00:22:52,509
try to read 100 and 200 and 500 and 800

552
00:22:58,169 --> 00:22:54,700
you know people in the room but what I

553
00:23:00,989 --> 00:22:58,179
do is first surrender to the divine in

554
00:23:03,570 --> 00:23:00,999
consciousness then you know and that is

555
00:23:05,339 --> 00:23:03,580
opening myself up but when that happens

556
00:23:07,139 --> 00:23:05,349
when I connect with spirit just as most

557
00:23:09,209 --> 00:23:07,149
people like you would know and when we

558
00:23:11,039 --> 00:23:09,219
connect with spirit we open ourselves up

559
00:23:13,229 --> 00:23:11,049
we realize the more we connect with

560
00:23:15,419 --> 00:23:13,239
spirit and our true selves we're

561
00:23:17,639 --> 00:23:15,429
actually one with all so if I'm one with

562
00:23:20,070 --> 00:23:17,649
all how is it that I could not hear the

563
00:23:22,019 --> 00:23:20,080

voices the feelings and stuff going on

564

00:23:23,579 --> 00:23:22,029

in an audience you know we don't want to

565

00:23:25,229 --> 00:23:23,589

be overly sympathetic and you start

566

00:23:27,570 --> 00:23:25,239

picking up all the stuff of everyone

567

00:23:29,820 --> 00:23:27,580

that's a little hyper stimulating but

568

00:23:32,339 --> 00:23:29,830

it's really beautiful because what makes

569

00:23:35,159 --> 00:23:32,349

an intuitive the best intuitive is not

570

00:23:37,469 --> 00:23:35,169

the technique it's the love of the other

571

00:23:39,719 --> 00:23:37,479

people because love will give you the

572

00:23:41,759 --> 00:23:39,729

information they need to hear so it's

573

00:23:43,560 --> 00:23:41,769

the love of the people not just while

574

00:23:46,409 --> 00:23:43,570

I'm amazing and I have a skill and

575

00:23:48,570 --> 00:23:46,419

you'll pay me for it it's more like how

576

00:23:50,789 --> 00:23:48,580

would I not know what's going on for you

577

00:23:53,129 --> 00:23:50,799

if you're my partner you're my lover

578

00:23:55,139 --> 00:23:53,139

you're my the audience you're my

579

00:23:56,369 --> 00:23:55,149

children you know how would we not know

580

00:23:58,739 --> 00:23:56,379

what each other wants and that's why

581

00:24:01,320 --> 00:23:58,749

when I when people talk about trying to

582

00:24:03,089 --> 00:24:01,330

fight to create a better world I'm one

583

00:24:06,629 --> 00:24:03,099

person that irritates people because I

584

00:24:08,549 --> 00:24:06,639

live I will say it'll never work fix the

585

00:24:10,859 --> 00:24:08,559

world with the same mind that created it

586

00:24:13,649 --> 00:24:10,869

it just doesn't work that way yeah so

587

00:24:17,639 --> 00:24:13,659

vanity right we have to we have to

588

00:24:19,169 --> 00:24:17,649

access a higher consciousness and bring

589

00:24:21,779 --> 00:24:19,179

that to the world so you're not going to

590

00:24:23,190 --> 00:24:21,789

fight to save the whales you have to

591

00:24:25,169 --> 00:24:23,200

love the wells and you have to love the

592

00:24:27,359 --> 00:24:25,179

people that kill the wells and when

593

00:24:30,329 --> 00:24:27,369

there's enough young people those if

594

00:24:32,039 --> 00:24:30,339

you're include here the whales and here

595

00:24:34,649 --> 00:24:32,049

are the people killing the well and if I

596

00:24:35,490 --> 00:24:34,659

include both of them in my head in my

597

00:24:37,649 --> 00:24:35,500

mind

598

00:24:39,810 --> 00:24:37,659

in the state of love both will be at

599

00:24:42,990 --> 00:24:39,820

peace and one could not harm another so

600

00:24:45,120 --> 00:24:43,000

it's by remember my love and our love

601
00:24:48,210 --> 00:24:45,130
because there's a me and there's a week

602
00:24:50,250 --> 00:24:48,220
and those two co-create the universe as

603
00:24:52,200 --> 00:24:50,260
we know at the world as we know it so

604
00:24:55,020 --> 00:24:52,210
all of that coming together we start to

605
00:24:57,120 --> 00:24:55,030
see a very very different world with the

606
00:24:58,860 --> 00:24:57,130
bottle Dr Micheal Mir dad would you give

607
00:25:00,240 --> 00:24:58,870
out your contact information so our

608
00:25:01,860 --> 00:25:00,250
listening audience can find out more

609
00:25:03,240 --> 00:25:01,870
about you and the awesome powerful work

610
00:25:06,480 --> 00:25:03,250
you're doing around this globe sir

611
00:25:08,220 --> 00:25:06,490
yes well my website primarily is the

612
00:25:12,210 --> 00:25:08,230
source uh I have a Facebook page a

613
00:25:15,510 --> 00:25:12,220

public page and Michael Muir dad Mir da

614

00:25:18,390 --> 00:25:15,520

d and I have a website Michael Muir dad

615

00:25:21,090 --> 00:25:18,400

calm and it's got you know everything on

616

00:25:23,430 --> 00:25:21,100

it articles books supplies you know

617

00:25:25,470 --> 00:25:23,440

those kinds of things also on my on

618

00:25:27,510 --> 00:25:25,480

youtube there's a page but also Facebook

619

00:25:29,279 --> 00:25:27,520

but YouTube you know they have a

620

00:25:30,810 --> 00:25:29,289

catalogs now libraries now where you

621

00:25:34,440 --> 00:25:30,820

could just go watch a hundred different

622

00:25:36,630 --> 00:25:34,450

talks and I can say you know I don't

623

00:25:40,140 --> 00:25:36,640

dilly-dally like you wouldn't go and

624

00:25:44,970 --> 00:25:40,150

watch a talk of mine that would be kind

625

00:25:46,080 --> 00:25:44,980

of padded yeah sugar coating you know

626

00:25:49,919 --> 00:25:46,090

you're gonna hear something you go

627

00:25:52,260 --> 00:25:49,929

somewhere if the topic is on boundaries

628

00:25:54,360 --> 00:25:52,270

or codependence you're gonna you're

629

00:25:56,730 --> 00:25:54,370

gonna it's a study you're gonna learn it

630

00:25:58,289 --> 00:25:56,740

and maybe understand it more than most

631

00:25:59,820 --> 00:25:58,299

people that claim to be experts and the

632

00:26:01,409 --> 00:25:59,830

dr. Michael you would some just a little

633

00:26:02,640 --> 00:26:01,419

bit ago about if you want to save the

634

00:26:04,440 --> 00:26:02,650

whales you don't love the whales and

635

00:26:06,149 --> 00:26:04,450

hate the people doing the killing so and

636

00:26:07,770 --> 00:26:06,159

I say this all the time you know you can

637

00:26:09,899 --> 00:26:07,780

focus you can water the weed you can

638

00:26:11,909 --> 00:26:09,909

water the plant and if you want

639

00:26:13,649 --> 00:26:11,919

something you notice you know I give you

640

00:26:14,909 --> 00:26:13,659

a big high five you saying I no longer

641

00:26:16,350 --> 00:26:14,919

choose to hang around these people

642

00:26:18,779 --> 00:26:16,360

that's a great idea

643

00:26:20,220 --> 00:26:18,789

but instead turn to the plant and begin

644

00:26:22,590 --> 00:26:20,230

to give it the attention it needs by

645

00:26:25,110 --> 00:26:22,600

saying this is now what I choose and

646

00:26:26,640 --> 00:26:25,120

also we were talking about I heard you

647

00:26:28,590 --> 00:26:26,650

mention something a bit ago when we're

648

00:26:30,840 --> 00:26:28,600

talking about projection what are you

649

00:26:34,140 --> 00:26:30,850

thoughts about people who are always

650

00:26:36,210 --> 00:26:34,150

concerned what other people think and do

651
00:26:37,770 --> 00:26:36,220
you see that as a form of self judgment

652
00:26:39,899 --> 00:26:37,780
that they don't want to own because I

653
00:26:41,340 --> 00:26:39,909
don't want to think these have all take

654
00:26:42,750 --> 00:26:41,350
ownership about these thoughts that I

655
00:26:44,100 --> 00:26:42,760
think about myself so I'm gonna place

656
00:26:46,470 --> 00:26:44,110
this on someone else I'm gonna project

657
00:26:47,789 --> 00:26:46,480
this outside and blame them hopefully

658
00:26:48,700 --> 00:26:47,799
that they're the ones doing the thinking

659
00:26:51,940 --> 00:26:48,710
of this

660
00:26:55,870 --> 00:26:51,950
about me yeah absolutely you know it's

661
00:26:57,820 --> 00:26:55,880
codependent for me to be concerned what

662
00:27:00,010 --> 00:26:57,830
other people think and yet I like to

663
00:27:02,350 --> 00:27:00,020

always address two sides of something

664

00:27:04,539 --> 00:27:02,360

meaning I think it's beautiful to be

665

00:27:06,370 --> 00:27:04,549

sensitive to people's needs for example

666

00:27:08,139 --> 00:27:06,380

if you're of a certain faith I don't

667

00:27:10,240 --> 00:27:08,149

need to tell you you're wrong in your

668

00:27:11,980 --> 00:27:10,250

faith and that I'm right in my face

669

00:27:14,049 --> 00:27:11,990

it's nice to honor people where they're

670

00:27:16,600 --> 00:27:14,059

asked and if you even if even if the

671

00:27:20,789 --> 00:27:16,610

person's not doing something say healthy

672

00:27:25,000 --> 00:27:20,799

the person says well you know I really

673

00:27:27,250 --> 00:27:25,010

still like to drink and it relaxes me I

674

00:27:29,950 --> 00:27:27,260

don't say to them oh no that's an

675

00:27:31,539 --> 00:27:29,960

addiction I just say great you know how

676

00:27:33,279 --> 00:27:31,549

do you like it what do you drink no no

677

00:27:35,169 --> 00:27:33,289

what's your favorite I would I like to

678

00:27:38,139 --> 00:27:35,179

meet people at the level they're at and

679

00:27:40,960 --> 00:27:38,149

start there if I'm being asked something

680

00:27:42,760 --> 00:27:40,970

I don't walk around like whatever towns

681

00:27:45,370 --> 00:27:42,770

I've lived in I almost have never

682

00:27:46,990 --> 00:27:45,380

mentioned who I am or what I do it's

683

00:27:49,389 --> 00:27:47,000

kind of more covert and I like it

684

00:27:51,130 --> 00:27:49,399

because if it's evidence that I am doing

685

00:27:53,320 --> 00:27:51,140

what I practicing what I preach

686

00:27:56,409 --> 00:27:53,330

meaning the town the couple of towns

687

00:27:59,230 --> 00:27:56,419

I've lived in Sedona for eight years I

688

00:28:00,610 --> 00:27:59,240

think and before that my last place of

689

00:28:03,700 --> 00:28:00,620

residence might have been twenty years

690

00:28:05,380 --> 00:28:03,710

and people in those towns never knew who

691

00:28:08,350 --> 00:28:05,390

I was they might have found out because

692

00:28:10,840 --> 00:28:08,360

like in Sedona teach in a location here

693

00:28:13,180 --> 00:28:10,850

at unity of Sedona so they it's they're

694

00:28:14,710 --> 00:28:13,190

definitely they caught on they know who

695

00:28:18,549 --> 00:28:14,720

this guy is when they see me here and

696

00:28:21,549 --> 00:28:18,559

there but generally I I see it as a

697

00:28:23,820 --> 00:28:21,559

test of my character my integrity to see

698

00:28:27,310 --> 00:28:23,830

if I can practice what I preach and so

699

00:28:29,799 --> 00:28:27,320

if I'm if I go to a store I don't tell

700

00:28:32,380 --> 00:28:29,809

them Who I am but when I leave I wonder

701
00:28:34,450 --> 00:28:32,390
have I made a difference you know in

702
00:28:36,130 --> 00:28:34,460
some way hope was I just kind there not

703
00:28:37,659 --> 00:28:36,140
because hi here's my card come and see

704
00:28:39,490 --> 00:28:37,669
me at you know I don't do any kind of

705
00:28:43,350 --> 00:28:39,500
sales pitching I don't do I'm running

706
00:28:45,760 --> 00:28:43,360
for mayor I don't kiss babies if people

707
00:28:49,060 --> 00:28:45,770
people if people find me they find me

708
00:28:52,149 --> 00:28:49,070
but it's important for us all as a as a

709
00:28:55,630 --> 00:28:52,159
maturing - I'm not saying don't care

710
00:28:57,879 --> 00:28:55,640
what other people think I care but don't

711
00:29:00,700 --> 00:28:57,889
let it control you or affect you

712
00:29:01,990 --> 00:29:00,710
negatively I think all of us have been

713
00:29:03,700 --> 00:29:02,000

children if we're

714

00:29:05,530 --> 00:29:03,710

on earth we've been children at one

715

00:29:07,480 --> 00:29:05,540

point and when you're a child man you're

716

00:29:10,060 --> 00:29:07,490

it's beat into you you know really drawn

717

00:29:12,580 --> 00:29:10,070

and you you you know what we say goes

718

00:29:15,370 --> 00:29:12,590

and and we're already living in a code

719

00:29:16,930 --> 00:29:15,380

dependence of doing what others say so

720

00:29:19,450 --> 00:29:16,940

we're programmed to do that so I think

721

00:29:21,700 --> 00:29:19,460

it's it's beautiful if anybody watching

722

00:29:23,230 --> 00:29:21,710

listening can come to a place of saying

723

00:29:26,350 --> 00:29:23,240

if they did are like a barometer

724

00:29:29,740 --> 00:29:26,360

checking in and you could check on how

725

00:29:30,280 --> 00:29:29,750

much your work has done how much you've

726

00:29:34,510 --> 00:29:30,290

grown

727

00:29:36,670 --> 00:29:34,520

you'll be able to know partly by how

728

00:29:38,920 --> 00:29:36,680

much you're able to own your own beliefs

729

00:29:40,480 --> 00:29:38,930

you know and not be controlled by

730

00:29:43,600 --> 00:29:40,490

somebody else now I don't believe in

731

00:29:44,740 --> 00:29:43,610

swinging the opposite the opposite of I

732

00:29:46,540 --> 00:29:44,750

was controlled

733

00:29:48,730 --> 00:29:46,550

now I'm gonna swing way over here and

734

00:29:52,060 --> 00:29:48,740

say to heck with you all I think that's

735

00:29:55,030 --> 00:29:52,070

reacting still in the middle where we

736

00:29:56,740 --> 00:29:55,040

can be and need to be it's like I'm not

737

00:29:59,020 --> 00:29:56,750

going to be over here or over here I'm

738

00:30:00,160 --> 00:29:59,030

in my Center where my beliefs are and

739

00:30:05,770 --> 00:30:00,170

I'm gonna honor that

740

00:30:09,160 --> 00:30:05,780

and if people are overly hurt by that or

741

00:30:11,080 --> 00:30:09,170

try to hurt me for that sometimes we do

742

00:30:13,810 --> 00:30:11,090

have to say too much water under the

743

00:30:16,420 --> 00:30:13,820

bridge and walk and let me just close

744

00:30:18,400 --> 00:30:16,430

with that question with this folks that

745

00:30:20,710 --> 00:30:18,410

go through this it's important to

746

00:30:23,230 --> 00:30:20,720

understand that there's a time typically

747

00:30:25,600 --> 00:30:23,240

there's there's a few stages we all go

748

00:30:27,730 --> 00:30:25,610

through to keep it simple just remember

749

00:30:30,580 --> 00:30:27,740

this a few stages there's the stage

750

00:30:32,920 --> 00:30:30,590

where we are often abused and you know

751

00:30:34,330 --> 00:30:32,930

whatever in whatever form abused

752

00:30:37,660 --> 00:30:34,340

oppressed or whatever it happens to be

753

00:30:39,130 --> 00:30:37,670

the opposite extreme where often are if

754

00:30:41,560 --> 00:30:39,140

it was our family that did that or a

755

00:30:44,410 --> 00:30:41,570

husband or wife that did that we often

756

00:30:46,000 --> 00:30:44,420

do the opposite and we go okay that's it

757

00:30:48,400 --> 00:30:46,010

nobody's ever going to control me again

758

00:30:50,950 --> 00:30:48,410

now we learn to speak up now in the

759

00:30:52,480 --> 00:30:50,960

new-age community or in the psychology

760

00:30:55,210 --> 00:30:52,490

community that's called finding your

761

00:30:57,310 --> 00:30:55,220

voice that's not really finding your

762

00:30:59,920 --> 00:30:57,320

voice you've just become annoying you

763

00:31:00,430 --> 00:30:59,930

know you went from being trampled on to

764

00:31:02,890 --> 00:31:00,440

now

765

00:31:05,020 --> 00:31:02,900

overstepping and compensating by telling

766

00:31:06,730 --> 00:31:05,030

everyone around you everybody needs to

767

00:31:08,860 --> 00:31:06,740

hear what I have to say see you're

768

00:31:10,630 --> 00:31:08,870

compensating but there's a point where

769

00:31:14,680 --> 00:31:10,640

it goes it we there's a per the pressure

770

00:31:15,760 --> 00:31:14,690

eases and we come back to Center we need

771

00:31:18,940 --> 00:31:15,770

not say and

772

00:31:21,340 --> 00:31:18,950

there's no need I don't have to be heard

773

00:31:23,860 --> 00:31:21,350

I don't have to be seen it's quite

774

00:31:25,990 --> 00:31:23,870

beautiful I'm in my Center and you know

775

00:31:29,170 --> 00:31:26,000

so family was treating us a certain way

776

00:31:30,370 --> 00:31:29,180

we often leave family and say they need

777

00:31:32,470 --> 00:31:30,380

to learn that they can't treat me that

778

00:31:34,660 --> 00:31:32,480

way which is really healthy to do but

779

00:31:36,910 --> 00:31:34,670

it's not the end of the story the end of

780

00:31:38,860 --> 00:31:36,920

the story is when we get so centered

781

00:31:41,020 --> 00:31:38,870

that even if we were around them which

782

00:31:42,970 --> 00:31:41,030

we don't have to be but even if we were

783

00:31:45,490 --> 00:31:42,980

around them we're so strong in our

784

00:31:47,560 --> 00:31:45,500

center man that we just feel immune to

785

00:31:49,870 --> 00:31:47,570

their stuff and if their stuff gets to

786

00:31:51,700 --> 00:31:49,880

be aggressive and abusive if we visit

787

00:31:53,020 --> 00:31:51,710

them we could say you know this doesn't

788

00:31:54,550 --> 00:31:53,030

seem like it's working see you in

789

00:31:56,920 --> 00:31:54,560

another I'll test it all in another 10

790

00:31:58,330 --> 00:31:56,930

years you know peace out yeah we don't

791

00:32:00,160 --> 00:31:58,340

we can always love people from a

792

00:32:01,810 --> 00:32:00,170

distance something you said Michael is

793

00:32:04,030 --> 00:32:01,820

something I believed so strongly about

794

00:32:06,370 --> 00:32:04,040

being centered and I used the word being

795

00:32:08,440 --> 00:32:06,380

planted being planted like a lightning

796

00:32:10,750 --> 00:32:08,450

rod for example we definitely don't want

797

00:32:12,430 --> 00:32:10,760

to be swayed by the negative well here's

798

00:32:14,350 --> 00:32:12,440

a new option for you as well don't be

799

00:32:16,660 --> 00:32:14,360

swayed by the positive positive because

800

00:32:19,690 --> 00:32:16,670

when you can become so planted and you

801
00:32:21,580 --> 00:32:19,700
can become quote the dominant tone if

802
00:32:23,200 --> 00:32:21,590
you have that kind of spirituality about

803
00:32:24,850 --> 00:32:23,210
you dear Lord watch what happens to the

804
00:32:26,830 --> 00:32:24,860
room that you walk in is that being

805
00:32:28,480 --> 00:32:26,840
saying what goes on inside of the

806
00:32:29,710 --> 00:32:28,490
process of Michael mere dad let's say

807
00:32:32,800 --> 00:32:29,720
for example you're out and about

808
00:32:35,110 --> 00:32:32,810
wherever it may be and you meet someone

809
00:32:37,210 --> 00:32:35,120
in you know they may be going through a

810
00:32:38,560 --> 00:32:37,220
dynamic without saying anything what

811
00:32:39,940 --> 00:32:38,570
happened inside of you the reason I'm

812
00:32:41,980 --> 00:32:39,950
asking this question is because Michael

813
00:32:44,110 --> 00:32:41,990

I often I play music for a living so I'm

814

00:32:45,490 --> 00:32:44,120

always out networking with people and

815

00:32:48,790 --> 00:32:45,500

someone who introduces me to John or

816

00:32:51,520 --> 00:32:48,800

gildo and I find a quality about this

817

00:32:53,620 --> 00:32:51,530

person via their voice a dialect I've

818

00:32:55,210 --> 00:32:53,630

hinted around their neck just a physical

819

00:32:56,590 --> 00:32:55,220

beautiful appearance or just whatever it

820

00:32:58,210 --> 00:32:56,600

is that I find that it's just beautiful

821

00:32:59,920 --> 00:32:58,220

that this person who's he moaning and I

822

00:33:02,410 --> 00:32:59,930

begin to hyper focus on I begin to

823

00:33:04,390 --> 00:33:02,420

massage it and I use it as a doorway for

824

00:33:07,860 --> 00:33:04,400

me to connect your Creator and when I

825

00:33:10,810 --> 00:33:07,870

begin to do this dynamic do this thing I

826

00:33:12,580 --> 00:33:10,820

literally see God step up and out of

827

00:33:15,160 --> 00:33:12,590

this person right in front of my face

828

00:33:17,890 --> 00:33:15,170

because I'm so focused on the beauty of

829

00:33:19,480 --> 00:33:17,900

this person at the moment what are your

830

00:33:21,670 --> 00:33:19,490

thoughts what happens to you inside of

831

00:33:22,870 --> 00:33:21,680

you when you're going through the

832

00:33:25,000 --> 00:33:22,880

process of meeting someone for the first

833

00:33:26,830 --> 00:33:25,010

time are you speaking to them on many

834

00:33:29,260 --> 00:33:26,840

different levels oh really

835

00:33:32,200 --> 00:33:29,270

yeah it's really many levels because the

836

00:33:35,920 --> 00:33:32,210

but the main level the most common go-to

837

00:33:39,910 --> 00:33:35,930

thing that I do is connect everything's

838

00:33:41,440 --> 00:33:39,920

about for me is about connecting so if a

839

00:33:43,360 --> 00:33:41,450

person and this is kind of funny because

840

00:33:45,910 --> 00:33:43,370

I've shared stories like this when I've

841

00:33:48,340 --> 00:33:45,920

done some some talks and I sometimes

842

00:33:50,980 --> 00:33:48,350

share these stories but you know for

843

00:33:53,710 --> 00:33:50,990

example I driving down the street and I

844

00:33:55,870 --> 00:33:53,720

see let's say I see a yard sale or

845

00:33:58,090 --> 00:33:55,880

something and I stop and go there

846

00:34:00,660 --> 00:33:58,100

anything interesting you know I stop now

847

00:34:04,090 --> 00:34:00,670

at this one time I stopped at this place

848

00:34:06,520 --> 00:34:04,100

there was a guy there and he just

849

00:34:07,930 --> 00:34:06,530

approached me and started talking now

850

00:34:10,149 --> 00:34:07,940

what are we going to talk about we got

851
00:34:13,750 --> 00:34:10,159
to talk about spirit God love

852
00:34:17,100 --> 00:34:13,760
forgiveness you know cool things like

853
00:34:24,850 --> 00:34:17,110
that no he starts talking to me about

854
00:34:27,580 --> 00:34:24,860
golf you know wow like I mean to me that

855
00:34:29,020 --> 00:34:27,590
no offense to golfers I'm saying for me

856
00:34:31,389 --> 00:34:29,030
personally I know nothing about it

857
00:34:35,040 --> 00:34:31,399
so this could have been like listening

858
00:34:39,880 --> 00:34:35,050
to bowling on the radio okay I mean

859
00:34:42,370 --> 00:34:39,890
somehow less interesting but my job was

860
00:34:44,530 --> 00:34:42,380
to find something about it of interest

861
00:34:46,330 --> 00:34:44,540
because he's in my life not to turn me

862
00:34:48,730 --> 00:34:46,340
into a golfer but I'm saying how do you

863
00:34:50,620 --> 00:34:48,740

connect with the person see that's what

864

00:34:53,350 --> 00:34:50,630

I meant earlier sometimes we have our

865

00:34:55,360 --> 00:34:53,360

thing and then we say I'm not gonna do

866

00:34:57,340 --> 00:34:55,370

anything else that anybody else wants me

867

00:34:59,620 --> 00:34:57,350

to do and we swing way over here work we

868

00:35:01,090 --> 00:34:59,630

refuse to meet them at their level we're

869

00:35:03,100 --> 00:35:01,100

you know we're gonna do it our way

870

00:35:05,200 --> 00:35:03,110

that's still a reaction so what's

871

00:35:08,470 --> 00:35:05,210

beautiful is when we really truly grow

872

00:35:11,200 --> 00:35:08,480

in the middle somewhere we can find a

873

00:35:13,960 --> 00:35:11,210

way to connect with anybody you know we

874

00:35:17,980 --> 00:35:13,970

don't lose patience a quick example

875

00:35:20,890 --> 00:35:17,990

again that individual I I just

876

00:35:22,600 --> 00:35:20,900

remembered a name or two hearing it

877

00:35:24,190 --> 00:35:22,610

somewhere about golfers and I would

878

00:35:26,830 --> 00:35:24,200

throw in that name into the conversation

879

00:35:29,230 --> 00:35:26,840

and let them talk and this guy just

880

00:35:31,750 --> 00:35:29,240

glowed because he could talk about golf

881

00:35:34,090 --> 00:35:31,760

and he could educate this kid above my

882

00:35:36,820 --> 00:35:34,100

kid I'm like sixty but you know he can

883

00:35:40,150 --> 00:35:36,830

educate this younger guy than him about

884

00:35:41,990 --> 00:35:40,160

golf and so it made his day and that is

885

00:35:44,460 --> 00:35:42,000

God in action like I

886

00:35:46,650 --> 00:35:44,470

Minoo spirit isn't always about just

887

00:35:48,780 --> 00:35:46,660

when people start chanting together it's

888

00:35:50,280 --> 00:35:48,790

all spirit that's right it's all springy

889

00:35:52,829 --> 00:35:50,290

for example Michael are you talking

890

00:35:54,690 --> 00:35:52,839

about this golfer you know I may not

891

00:35:56,339 --> 00:35:54,700

necessarily be into the field whatever

892

00:35:58,680 --> 00:35:56,349

dynamic you're into in your life would

893

00:36:01,230 --> 00:35:58,690

brings you joy but what I do is find I

894

00:36:02,700 --> 00:36:01,240

find out why it illuminates you and

895

00:36:04,710 --> 00:36:02,710

that's where I'm gonna meet you

896

00:36:07,130 --> 00:36:04,720

is there any illumination in the love of

897

00:36:10,980 --> 00:36:07,140

what you're doing right you see because

898

00:36:14,640 --> 00:36:10,990

separation is the belief once we believe

899

00:36:16,680 --> 00:36:14,650

in separation or do anything to add to

900

00:36:18,839 --> 00:36:16,690

the concept of separation we're adding

901
00:36:20,670 --> 00:36:18,849
to the separation of God separation from

902
00:36:23,190 --> 00:36:20,680
ourselves separation from each other

903
00:36:26,250 --> 00:36:23,200
it's all going to blast together but the

904
00:36:28,049 --> 00:36:26,260
opposite is connection so if you're a

905
00:36:30,809 --> 00:36:28,059
counselor a psychic

906
00:36:33,089 --> 00:36:30,819
you don't just try to wow them with your

907
00:36:34,950 --> 00:36:33,099
skills but instead you meet them that's

908
00:36:37,430 --> 00:36:34,960
why I said when I'm teaching I'm

909
00:36:39,480 --> 00:36:37,440
connecting with spirit but I'm also

910
00:36:41,880 --> 00:36:39,490
connecting with the people there and

911
00:36:44,819 --> 00:36:41,890
we're all then going to dance and you

912
00:36:47,099 --> 00:36:44,829
mentioned being a musician I always

913
00:36:49,349 --> 00:36:47,109

remember her Cat Stevens his last live

914

00:36:51,809 --> 00:36:49,359

performance before he disappeared for

915

00:36:53,640 --> 00:36:51,819

years his last life performance that I

916

00:36:55,740 --> 00:36:53,650

knew about was you know he started

917

00:36:58,230 --> 00:36:55,750

playing and at some point he just got

918

00:37:00,270 --> 00:36:58,240

ticked off he threw a tantrum and he

919

00:37:01,710 --> 00:37:00,280

unplugged his guitar and just threw it

920

00:37:04,170 --> 00:37:01,720

all down and walked off the stage and

921

00:37:06,960 --> 00:37:04,180

wasn't seen for years that see that was

922

00:37:09,210 --> 00:37:06,970

an act of selfishness because he wasn't

923

00:37:10,920 --> 00:37:09,220

saying what does the audience was anyway

924

00:37:12,839 --> 00:37:10,930

what does what do they want so a

925

00:37:14,220 --> 00:37:12,849

musician no offense to the ones that do

926

00:37:17,069 --> 00:37:14,230

this but a musician who plays for

927

00:37:18,990 --> 00:37:17,079

themselves might as well just sit in

928

00:37:20,579 --> 00:37:19,000

their room play you know cuz but to me

929

00:37:22,890 --> 00:37:20,589

that can be a very selfish act

930

00:37:25,140 --> 00:37:22,900

I'm not saying betray yourself but I'm

931

00:37:27,569 --> 00:37:25,150

saying don't just play for yourself if

932

00:37:29,579 --> 00:37:27,579

those people are there to listen whether

933

00:37:31,620 --> 00:37:29,589

they're paying or not if they're there

934

00:37:33,990 --> 00:37:31,630

we should consider them and that's back

935

00:37:35,579 --> 00:37:34,000

to your question which is how much do an

936

00:37:37,650 --> 00:37:35,589

away one of your questions which is how

937

00:37:40,170 --> 00:37:37,660

much do we let other people affect us as

938

00:37:42,630 --> 00:37:40,180

long as the effect is for love's purpose

939

00:37:44,280 --> 00:37:42,640

as long as the effect is because I care

940

00:37:45,660 --> 00:37:44,290

about you guys I would like to know what

941

00:37:49,260 --> 00:37:45,670

you're looking for would you like me to

942

00:37:50,970 --> 00:37:49,270

play that particular song you know there

943

00:37:53,150 --> 00:37:50,980

that's what they're there for you know

944

00:37:55,089 --> 00:37:53,160

look at Paul McCartney the dude is like

945

00:37:58,239 --> 00:37:55,099

103 years old he

946

00:38:01,539 --> 00:37:58,249

Yeah right he goes on tour anyplace for

947

00:38:04,539 --> 00:38:01,549

three and more hours because he likes

948

00:38:06,789 --> 00:38:04,549

doing it but he knows you folks want to

949

00:38:09,549 --> 00:38:06,799

hear certain songs he doesn't say you're

950

00:38:11,440 --> 00:38:09,559

lucky to even see me I'm a Beatle let me

951
00:38:12,940 --> 00:38:11,450
just play half of one song I'll leave

952
00:38:15,069 --> 00:38:12,950
and you guys can give me a million

953
00:38:17,829 --> 00:38:15,079
dollars he doesn't do that it's more

954
00:38:19,690 --> 00:38:17,839
like this is what they want you know and

955
00:38:22,660 --> 00:38:19,700
I'm not saying we owe it to them but

956
00:38:25,269 --> 00:38:22,670
spiritually we do meaning if we if we

957
00:38:27,009 --> 00:38:25,279
really love people then we would make

958
00:38:27,640 --> 00:38:27,019
the effort to understand where they're

959
00:38:29,319 --> 00:38:27,650
coming from

960
00:38:30,789 --> 00:38:29,329
so when even when somebody has a

961
00:38:33,009 --> 00:38:30,799
challenge and this is gonna get tricky

962
00:38:35,289 --> 00:38:33,019
here for a second but even when someone

963
00:38:36,700 --> 00:38:35,299

has a challenge try to listen and say

964

00:38:39,759 --> 00:38:36,710

what's going on how can I help

965

00:38:42,400 --> 00:38:39,769

now they go ahead and share watch

966

00:38:45,999 --> 00:38:42,410

yourselves because when you when you

967

00:38:47,920 --> 00:38:46,009

work with them and you realize you you

968

00:38:50,109 --> 00:38:47,930

are trying to offer help you're trying

969

00:38:51,519 --> 00:38:50,119

to listen but it's never enough they

970

00:38:52,779 --> 00:38:51,529

still want to talk they still want to

971

00:38:54,670 --> 00:38:52,789

yell they still want to complain these

972

00:38:57,069 --> 00:38:54,680

don't want to blame you can say okay

973

00:38:59,620 --> 00:38:57,079

round two I hear what you're saying and

974

00:39:02,289 --> 00:38:59,630

you can try a second time but how many

975

00:39:04,690 --> 00:39:02,299

times should you let it go on and on and

976

00:39:07,569 --> 00:39:04,700

here's my point when you see that the

977

00:39:09,839 --> 00:39:07,579

people don't want to really change they

978

00:39:12,130 --> 00:39:09,849

don't really want they just want to vent

979

00:39:13,839 --> 00:39:12,140

you're now adding to the problem by

980

00:39:17,079 --> 00:39:13,849

losing to them because you're enabling

981

00:39:18,690 --> 00:39:17,089

their venting there's a point where we

982

00:39:22,180 --> 00:39:18,700

have to draw the line and say you know I

983

00:39:23,349 --> 00:39:22,190

don't think you should say listen seems

984

00:39:25,359 --> 00:39:23,359

to me like you don't even want to heal

985

00:39:27,099 --> 00:39:25,369

so get lost because that will cause more

986

00:39:28,870 --> 00:39:27,109

problem but what you can say is it

987

00:39:31,150 --> 00:39:28,880

doesn't seem like I'm the person that

988

00:39:33,880 --> 00:39:31,160

can help you with that that's the truth

989

00:39:37,059 --> 00:39:33,890

right see it's tactful love to me is

990

00:39:38,950 --> 00:39:37,069

always tactful so I would say you know

991

00:39:40,779 --> 00:39:38,960

wow you know I'd love to help but it

992

00:39:42,969 --> 00:39:40,789

doesn't seem like I'm the person that

993

00:39:45,489 --> 00:39:42,979

could be you know can help you that's a

994

00:39:47,680 --> 00:39:45,499

very beautiful way of saying I've tried

995

00:39:48,249 --> 00:39:47,690

several times and I don't care you're my

996

00:39:50,620 --> 00:39:48,259

partner

997

00:39:52,420 --> 00:39:50,630

even if you're my own child if I have

998

00:39:55,690 --> 00:39:52,430

tried several times to work with you and

999

00:39:58,059 --> 00:39:55,700

it's not working I watch for signs if

1000

00:40:01,450 --> 00:39:58,069

we're not getting anywhere or if we're

1001
00:40:03,700 --> 00:40:01,460
we are he is getting worse that's not a

1002
00:40:06,700 --> 00:40:03,710
good sign so what I would tell folks is

1003
00:40:08,240 --> 00:40:06,710
that becomes a negative control

1004
00:40:10,610 --> 00:40:08,250
experience

1005
00:40:11,510 --> 00:40:10,620
you where they're trying to control the

1006
00:40:14,120 --> 00:40:11,520
situation

1007
00:40:16,370 --> 00:40:14,130
but for negative you know ends rather

1008
00:40:18,440 --> 00:40:16,380
than listen give me just a minute to

1009
00:40:20,450 --> 00:40:18,450
control the conversation I would like to

1010
00:40:22,910 --> 00:40:20,460
share my feelings and you say as a

1011
00:40:24,650 --> 00:40:22,920
healer counselor go ahead it's you have

1012
00:40:26,810 --> 00:40:24,660
the floor that's giving a positive

1013
00:40:27,890 --> 00:40:26,820

control to them now they have control

1014

00:40:31,070 --> 00:40:27,900

they can share share share share share

1015

00:40:32,630 --> 00:40:31,080

but there's a point where the the part

1016

00:40:35,480 --> 00:40:32,640

of them that doesn't really want to heal

1017

00:40:37,910 --> 00:40:35,490

starts hooking you into their game and

1018

00:40:41,540 --> 00:40:37,920

that's called negative control and that

1019

00:40:44,390 --> 00:40:41,550

situation will not end in healing so we

1020

00:40:46,520 --> 00:40:44,400

have to say well for the sake of my own

1021

00:40:48,260 --> 00:40:46,530

sanity I'm going to continue moving in

1022

00:40:50,690 --> 00:40:48,270

that direction of healing meaning

1023

00:40:53,270 --> 00:40:50,700

finding peace in this situation but it

1024

00:40:55,610 --> 00:40:53,280

doesn't seem like my words or comments

1025

00:40:57,530 --> 00:40:55,620

or whatever it is are helping you so why

1026

00:40:59,030 --> 00:40:57,540

don't we break it off and if I can

1027

00:41:00,650 --> 00:40:59,040

recommend somebody let me know or

1028

00:41:02,840 --> 00:41:00,660

something like that we have to find our

1029

00:41:05,000 --> 00:41:02,850

Center again whenever we start to

1030

00:41:07,340 --> 00:41:05,010

deviate from it or when people try to

1031

00:41:09,320 --> 00:41:07,350

push and pull us from Michael from the

1032

00:41:11,000 --> 00:41:09,330

chat room we have a question from VD

1033

00:41:12,440 --> 00:41:11,010

when my dear friend she says are there

1034

00:41:16,820 --> 00:41:12,450

good ways to forgive ourselves for

1035

00:41:20,120 --> 00:41:16,830

letting go of bad connections say that

1036

00:41:22,010 --> 00:41:20,130

again or they're good ways to forgive

1037

00:41:25,910 --> 00:41:22,020

ourselves for letting go of bad

1038

00:41:28,790 --> 00:41:25,920

connections well here's a very practical

1039

00:41:32,180 --> 00:41:28,800

answer to that first of all you let go

1040

00:41:34,220 --> 00:41:32,190

of a connection all right I mean the

1041

00:41:36,500 --> 00:41:34,230

most obvious thing is it is not the will

1042

00:41:38,630 --> 00:41:36,510

of God that you hold on to that against

1043

00:41:40,220 --> 00:41:38,640

yourself so and but if that's not a good

1044

00:41:42,470 --> 00:41:40,230

enough reason without X values unlike

1045

00:41:44,120 --> 00:41:42,480

this yeah if that's not enough reason

1046

00:41:47,060 --> 00:41:44,130

because sometimes it's not you know we

1047

00:41:50,810 --> 00:41:47,070

still hurt let me let me tell you ask

1048

00:41:53,390 --> 00:41:50,820

yourself this question someone you

1049

00:41:56,900 --> 00:41:53,400

parted ways let me ask you you know ask

1050

00:41:59,060 --> 00:41:56,910

yourself did you do what you could you

1051
00:42:00,800 --> 00:41:59,070
know did you do what you could to bring

1052
00:42:03,440 --> 00:42:00,810
it to peace or to help the situation or

1053
00:42:06,620 --> 00:42:03,450
or create a better relationship okay

1054
00:42:09,800 --> 00:42:06,630
let's say you did secondly when you

1055
00:42:12,440 --> 00:42:09,810
parted ways did you purposefully try to

1056
00:42:14,390 --> 00:42:12,450
hurt them because if you did you should

1057
00:42:16,610 --> 00:42:14,400
feel guilty and bad about it because

1058
00:42:18,560 --> 00:42:16,620
you're you did something hurtful so you

1059
00:42:20,540 --> 00:42:18,570
should try to heal and repent and and

1060
00:42:21,440 --> 00:42:20,550
ask for forgiveness or or whatever you

1061
00:42:23,660 --> 00:42:21,450
want to call anything

1062
00:42:26,000 --> 00:42:23,670
that but you know most of us what I'm

1063
00:42:27,560 --> 00:42:26,010

saying is most of us when we end things

1064

00:42:30,290 --> 00:42:27,570

like that it is not our intention to

1065

00:42:31,880 --> 00:42:30,300

hurt so if you did not intend to hurt

1066

00:42:34,609 --> 00:42:31,890

somebody but you happen to still feel

1067

00:42:36,200 --> 00:42:34,619

hurt I want you to tell yourself since I

1068

00:42:38,270 --> 00:42:36,210

know I did what I could to help the

1069

00:42:41,540 --> 00:42:38,280

situation and I know I didn't

1070

00:42:43,700 --> 00:42:41,550

purposefully cause harm there's nothing

1071

00:42:46,270 --> 00:42:43,710

to feel guilty about and then here's

1072

00:42:49,160 --> 00:42:46,280

another angle in regard to forgiveness

1073

00:42:51,260 --> 00:42:49,170

forgiveness is practiced in a lot of

1074

00:42:53,540 --> 00:42:51,270

ways you know I wrote the book on love

1075

00:42:55,520 --> 00:42:53,550

and forgiveness it's called the book of

1076
00:42:57,349 --> 00:42:55,530
love and forgiveness but here's the

1077
00:43:01,069 --> 00:42:57,359
simplest technique out of all everything

1078
00:43:03,290 --> 00:43:01,079
in there first never hate anyone

1079
00:43:05,450 --> 00:43:03,300
including yourself so when you're asking

1080
00:43:08,210 --> 00:43:05,460
about self forgiveness I would say to

1081
00:43:09,710 --> 00:43:08,220
yourself I refuse to hate myself

1082
00:43:12,680 --> 00:43:09,720
I refuse to hate the other person or

1083
00:43:14,300 --> 00:43:12,690
anyone number 1 - are there any lessons

1084
00:43:15,890 --> 00:43:14,310
I can learn from this are there lessons

1085
00:43:18,470 --> 00:43:15,900
you can learn from not letting go

1086
00:43:21,560 --> 00:43:18,480
quicker or more easily are there lessons

1087
00:43:24,050 --> 00:43:21,570
you can learn about well gee I maybe I

1088
00:43:25,670 --> 00:43:24,060

was a little impatient when I ended it I

1089

00:43:27,950 --> 00:43:25,680

might have been too abrupt I might not

1090

00:43:29,390 --> 00:43:27,960

have communicated clearly I think I can

1091

00:43:31,220 --> 00:43:29,400

learn from that learning from it means

1092

00:43:33,859 --> 00:43:31,230

you're good to go like as long as you

1093

00:43:38,000 --> 00:43:33,869

extracted a lesson from it good job and

1094

00:43:40,490 --> 00:43:38,010

the third thing is no matter who it is

1095

00:43:42,319 --> 00:43:40,500

and what they've done see I'm not going

1096

00:43:43,940 --> 00:43:42,329

to give you the speech about gee you

1097

00:43:46,370 --> 00:43:43,950

should love them if somebody's kicking

1098

00:43:48,200 --> 00:43:46,380

you around and hurting you and abusing

1099

00:43:50,300 --> 00:43:48,210

you and your children I'm not telling

1100

00:43:53,599 --> 00:43:50,310

you you have to pretend to like them I'm

1101
00:43:54,650 --> 00:43:53,609
saying this refuse to hate them ask what

1102
00:43:58,970 --> 00:43:54,660
you can learn from the situation

1103
00:44:01,490 --> 00:43:58,980
whatever it is and third try to affirm

1104
00:44:03,319 --> 00:44:01,500
that in some way somewhere in that

1105
00:44:06,109 --> 00:44:03,329
person there is a light made in God's

1106
00:44:08,089 --> 00:44:06,119
image you don't have to know that light

1107
00:44:09,890 --> 00:44:08,099
you you don't have to find that light

1108
00:44:11,990 --> 00:44:09,900
you don't have to figure out why it's so

1109
00:44:15,079 --> 00:44:12,000
obscured and not visible all you have to

1110
00:44:16,790 --> 00:44:15,089
do is affirm isn't this funny my

1111
00:44:19,130 --> 00:44:16,800
experience with that person

1112
00:44:21,230 --> 00:44:19,140
I refuse to hate them I will learn what

1113
00:44:23,120 --> 00:44:21,240

I can from this but I'm also going to

1114

00:44:27,500 --> 00:44:23,130

affirm that in them I don't care who it

1115

00:44:29,300 --> 00:44:27,510

is in that person there is a light made

1116

00:44:30,950 --> 00:44:29,310

in God's image and here's the beautiful

1117

00:44:33,410 --> 00:44:30,960

part cuz it's almost where we started a

1118

00:44:35,660 --> 00:44:33,420

while ago one of your comments and

1119

00:44:38,359 --> 00:44:35,670

questions that light is in that

1120

00:44:40,910 --> 00:44:38,369

and if I am not willing to say that that

1121

00:44:42,770 --> 00:44:40,920

person whomever it is or whatever they

1122

00:44:45,020 --> 00:44:42,780

did if I'm gonna say that somebody is

1123

00:44:47,780 --> 00:44:45,030

not capable of having the light of God

1124

00:44:49,910 --> 00:44:47,790

in them I have now drawn the line as to

1125

00:44:52,490 --> 00:44:49,920

how far I can grow because I just

1126
00:44:55,549 --> 00:44:52,500
affirmed my limit universe and will come

1127
00:44:57,470 --> 00:44:55,559
back around what's that and the lesson

1128
00:45:00,319 --> 00:44:57,480
will come back around yeah yeah until

1129
00:45:04,549 --> 00:45:00,329
until we recognize there there is nobody

1130
00:45:07,190 --> 00:45:04,559
no alien no being no angel or demon that

1131
00:45:09,559 --> 00:45:07,200
doesn't have a spark of light somewhere

1132
00:45:11,329 --> 00:45:09,569
I'm not saying that people are coming

1133
00:45:14,120 --> 00:45:11,339
from that light I'm not saying the

1134
00:45:16,940 --> 00:45:14,130
actions of mass murderers or or

1135
00:45:19,400 --> 00:45:16,950
Psychopaths of megalomaniacs hitlers and

1136
00:45:21,950 --> 00:45:19,410
whatever or even just mean parents I'm

1137
00:45:23,960 --> 00:45:21,960
not saying that that these people are

1138
00:45:26,089 --> 00:45:23,970

coming from their light or are in touch

1139

00:45:27,650 --> 00:45:26,099

with that light but you see as soon as

1140

00:45:29,809 --> 00:45:27,660

we affirm that there's a light in them

1141

00:45:32,740 --> 00:45:29,819

you know what happens to it next as soon

1142

00:45:36,170 --> 00:45:32,750

as you bring your attention to even a

1143

00:45:40,940 --> 00:45:36,180

you know a particle you know in this

1144

00:45:44,059 --> 00:45:40,950

universe whether it's you know waves you

1145

00:45:46,010 --> 00:45:44,069

know the structure of atoms the

1146

00:45:49,400 --> 00:45:46,020

structure of molecules as soon as we

1147

00:45:51,829 --> 00:45:49,410

bring attention to a wave it becomes a

1148

00:45:54,109 --> 00:45:51,839

particle it starts to become something

1149

00:45:57,289 --> 00:45:54,119

so as soon as I affirm that in you

1150

00:45:59,390 --> 00:45:57,299

somewhere there is a spark of light the

1151
00:46:01,190 --> 00:45:59,400
spark of light starts to ignite and it

1152
00:46:04,880 --> 00:46:01,200
sounds really strange but if people

1153
00:46:07,849 --> 00:46:04,890
could say to to whomever Hitler and

1154
00:46:09,920 --> 00:46:07,859
whomever you know I I'm not at all

1155
00:46:12,049 --> 00:46:09,930
supporting their behaviors meaning if I

1156
00:46:13,789 --> 00:46:12,059
were me doing the exercise in no way

1157
00:46:15,650 --> 00:46:13,799
shape or form are your behaviors okay

1158
00:46:17,030 --> 00:46:15,660
appropriate and I even believe in

1159
00:46:18,049 --> 00:46:17,040
speaking out when you're in a situation

1160
00:46:20,299 --> 00:46:18,059
to do so

1161
00:46:22,730 --> 00:46:20,309
if that's what the moment calls for like

1162
00:46:25,069 --> 00:46:22,740
I don't believe in enabling hurtful

1163
00:46:27,410 --> 00:46:25,079

behavior I tell people all the time if

1164

00:46:28,460 --> 00:46:27,420

someone's hurting someone it's quite

1165

00:46:31,130 --> 00:46:28,470

alright for you to say

1166

00:46:33,170 --> 00:46:31,140

not today that's it it ends here if

1167

00:46:36,020 --> 00:46:33,180

you're gonna gossip and hate somebody

1168

00:46:37,819 --> 00:46:36,030

I'm okay to say listen did you notice

1169

00:46:39,440 --> 00:46:37,829

your your you're doing hate speech to

1170

00:46:41,329 --> 00:46:39,450

that person in case you haven't noticed

1171

00:46:43,789 --> 00:46:41,339

I'm the other person in the room I'm not

1172

00:46:46,339 --> 00:46:43,799

into it like for them to hear know is a

1173

00:46:48,970 --> 00:46:46,349

good thing sometimes but my main point

1174

00:46:51,370 --> 00:46:48,980

was when we see a

1175

00:46:53,440 --> 00:46:51,380

ferm that spark of light in a person it

1176
00:46:56,050 --> 00:46:53,450
starts to ignite and to imagine that you

1177
00:46:58,359 --> 00:46:56,060
were I could make a difference in the

1178
00:47:01,810 --> 00:46:58,369
life and the consciousness of a Hitler

1179
00:47:03,430 --> 00:47:01,820
okay you can say well he doesn't deserve

1180
00:47:05,620 --> 00:47:03,440
it okay fine you can believe that but

1181
00:47:07,870 --> 00:47:05,630
listen to this but if I could make a

1182
00:47:09,490 --> 00:47:07,880
difference in him could it mean that he

1183
00:47:11,320 --> 00:47:09,500
would never come back and do the same

1184
00:47:14,170 --> 00:47:11,330
thing that means you and I can save

1185
00:47:16,630 --> 00:47:14,180
millions hundreds of millions or who

1186
00:47:19,330 --> 00:47:16,640
knows billions of lives on this planet

1187
00:47:21,340 --> 00:47:19,340
if we can kind of nip it in the bud and

1188
00:47:26,230 --> 00:47:21,350

this is what I call loving the hell out

1189

00:47:28,330 --> 00:47:26,240

of someone Michael I have lots of guests

1190

00:47:30,250 --> 00:47:28,340

come on the show and I often put this

1191

00:47:31,900 --> 00:47:30,260

question to them and it's it's can be a

1192

00:47:34,349 --> 00:47:31,910

difficult question to answer because

1193

00:47:37,390 --> 00:47:34,359

it's more experienced than it is an

1194

00:47:38,710 --> 00:47:37,400

exercise or giving someone a little gift

1195

00:47:41,050 --> 00:47:38,720

and have him to just you know wearing

1196

00:47:43,060 --> 00:47:41,060

around their neck how does one go into

1197

00:47:44,560 --> 00:47:43,070

the state of forgiveness or truly

1198

00:47:46,390 --> 00:47:44,570

letting go of something you know we can

1199

00:47:47,800 --> 00:47:46,400

say well you know this is what you do

1200

00:47:50,260 --> 00:47:47,810

but that's really not the case at all

1201
00:47:52,599 --> 00:47:50,270
because you can lead someone to the door

1202
00:47:55,210 --> 00:47:52,609
but they have to open it in your

1203
00:47:56,980 --> 00:47:55,220
experience how does how would you offer

1204
00:47:58,720 --> 00:47:56,990
to the listening audience for them to

1205
00:48:01,330 --> 00:47:58,730
find that place of truly being able to

1206
00:48:03,670 --> 00:48:01,340
surrender and or let go and or forgive

1207
00:48:06,010 --> 00:48:03,680
and that seems to be it's not just like

1208
00:48:07,300 --> 00:48:06,020
a tool that you can hand someone if you

1209
00:48:09,730 --> 00:48:07,310
have one side and find that light switch

1210
00:48:11,890 --> 00:48:09,740
so this week well the three steps I just

1211
00:48:14,050 --> 00:48:11,900
shared are the way and it'll work

1212
00:48:16,000 --> 00:48:14,060
there's other techniques that might suit

1213
00:48:17,530 --> 00:48:16,010

other people certain ways but that

1214

00:48:21,550 --> 00:48:17,540

that's really going to be important but

1215

00:48:24,580 --> 00:48:21,560

here's one other really important piece

1216

00:48:26,109 --> 00:48:24,590

to it all which is if people would

1217

00:48:29,290 --> 00:48:26,119

understand that forgiveness is a process

1218

00:48:30,700 --> 00:48:29,300

not an event you know people go okay

1219

00:48:33,849 --> 00:48:30,710

fine I'm going to go ahead and forgive

1220

00:48:36,010 --> 00:48:33,859

you abracadabra done and they go okay

1221

00:48:38,320 --> 00:48:36,020

fine it's done now they're wondering a

1222

00:48:40,660 --> 00:48:38,330

year later they go why is this still

1223

00:48:42,609 --> 00:48:40,670

coming up because they expected this to

1224

00:48:44,950 --> 00:48:42,619

be an abracadabra which means to a

1225

00:48:46,990 --> 00:48:44,960

degree it might not have been as sincere

1226

00:48:48,400 --> 00:48:47,000

as we might have hoped so that's

1227

00:48:49,270 --> 00:48:48,410

important for us to be responsible and

1228

00:48:53,560 --> 00:48:49,280

look at that but

1229

00:48:55,090 --> 00:48:53,570

on another note the the concept of

1230

00:48:58,840 --> 00:48:55,100

forgiveness the act of forgiveness is a

1231

00:49:02,289 --> 00:48:58,850

process meaning today as far as I know

1232

00:49:04,029 --> 00:49:02,299

I'm willing to give this up okay so I do

1233

00:49:05,259 --> 00:49:04,039

a week later I have some tears and I

1234

00:49:06,819 --> 00:49:05,269

don't know where it's coming from when I

1235

00:49:08,349 --> 00:49:06,829

look at it I realize it's related to

1236

00:49:10,719 --> 00:49:08,359

some of the hurts that somebody might

1237

00:49:13,120 --> 00:49:10,729

have seemingly caused me okay so now I

1238

00:49:15,549 --> 00:49:13,130

work on that I feel kind of relieved I

1239

00:49:19,630 --> 00:49:15,559

feel kind of you know open inside a

1240

00:49:22,539 --> 00:49:19,640

little more spacious and free then maybe

1241

00:49:26,049 --> 00:49:22,549

maybe it's somebody that created some

1242

00:49:29,559 --> 00:49:26,059

hurt in me when I was let's say a child

1243

00:49:31,959 --> 00:49:29,569

okay so now I go on and I have children

1244

00:49:34,299 --> 00:49:31,969

as I have children and they reach the

1245

00:49:36,459 --> 00:49:34,309

age I was when I was abused it could

1246

00:49:40,239 --> 00:49:36,469

start triggering stuff inside of me as

1247

00:49:42,579 --> 00:49:40,249

I'm feeling this kind of resonance this

1248

00:49:44,890 --> 00:49:42,589

energy like the tuning forks you know so

1249

00:49:47,709 --> 00:49:44,900

my children reaching a certain age puts

1250

00:49:49,900 --> 00:49:47,719

out a vibe and my body feels it and it

1251
00:49:52,029 --> 00:49:49,910
triggers the memories in me when I was a

1252
00:49:55,179 --> 00:49:52,039
child of that age okay so now let's

1253
00:49:57,849 --> 00:49:55,189
pretend I work on that or let's pretend

1254
00:49:59,739 --> 00:49:57,859
I stuff it or ignore it it's still gonna

1255
00:50:01,749 --> 00:49:59,749
come back when my children have children

1256
00:50:04,299 --> 00:50:01,759
and reach that age or when I see a child

1257
00:50:06,400 --> 00:50:04,309
in a store it's my age I was when I was

1258
00:50:08,620 --> 00:50:06,410
her the universe is gonna keep trying to

1259
00:50:11,410 --> 00:50:08,630
bring from here and there these things

1260
00:50:13,259 --> 00:50:11,420
that seem annoying to us you know why am

1261
00:50:15,640 --> 00:50:13,269
i meeting another person like that

1262
00:50:18,069 --> 00:50:15,650
typically it would only be because it's

1263
00:50:20,410 --> 00:50:18,079

helping to potential it's bringing

1264

00:50:22,809 --> 00:50:20,420

potential of releasing something to a

1265

00:50:25,299 --> 00:50:22,819

more authentic and thorough level and

1266

00:50:26,349 --> 00:50:25,309

and that can seem a bit inconvenient but

1267

00:50:28,569 --> 00:50:26,359

there's nothing more important

1268

00:50:30,789 --> 00:50:28,579

forgiveness you know love and

1269

00:50:32,890 --> 00:50:30,799

forgiveness establishes us back to our

1270

00:50:35,890 --> 00:50:32,900

divinity what could be more important

1271

00:50:37,449 --> 00:50:35,900

than that Michael we have time for maybe

1272

00:50:38,979 --> 00:50:37,459

one more question about two minutes if

1273

00:50:41,439 --> 00:50:38,989

you would in your opinion in your

1274

00:50:43,359 --> 00:50:41,449

experience what is more powerful formal

1275

00:50:47,349 --> 00:50:43,369

prayer trying to convince God to help

1276
00:50:49,120 --> 00:50:47,359
someone out or sending someone you

1277
00:50:50,739 --> 00:50:49,130
direct energy through a visualization

1278
00:50:52,689 --> 00:50:50,749
process and just loving them sending

1279
00:50:53,859 --> 00:50:52,699
that all their way what are your

1280
00:50:56,019 --> 00:50:53,869
thoughts on that sir we have about two

1281
00:50:58,539 --> 00:50:56,029
minutes the latter of the two would be

1282
00:51:00,819 --> 00:50:58,549
the one I would lean to but they would

1283
00:51:03,489 --> 00:51:00,829
say in us in another sense so that we're

1284
00:51:05,769 --> 00:51:03,499
fair and the things that we most believe

1285
00:51:09,219 --> 00:51:05,779
and will work the most so if somebody

1286
00:51:11,380 --> 00:51:09,229
really believes these and it tears in

1287
00:51:13,719 --> 00:51:11,390
the eyes and pray to the Almighty God up

1288
00:51:15,039 --> 00:51:13,729

in the sky please if that's where

1289

00:51:15,579 --> 00:51:15,049

they're at I think it's beautiful

1290

00:51:17,920 --> 00:51:15,589

because

1291

00:51:19,930 --> 00:51:17,930

anything we truly believe in is really a

1292

00:51:23,799 --> 00:51:19,940

beautiful thing to do so them doing that

1293

00:51:27,370 --> 00:51:23,809

I think is is remarkable which one is a

1294

00:51:29,469 --> 00:51:27,380

little more let's call it evolved prayer

1295

00:51:30,489 --> 00:51:29,479

prayers the first level of prayer

1296

00:51:32,349 --> 00:51:30,499

there's people that don't break at all

1297

00:51:34,660 --> 00:51:32,359

but they don't realize that even our

1298

00:51:35,890 --> 00:51:34,670

comments our prayers even our complaints

1299

00:51:39,459 --> 00:51:35,900

or prayers but they're just not very

1300

00:51:42,579 --> 00:51:39,469

good right you know but so so pray

1301
00:51:44,890 --> 00:51:42,589
prayer in the form of begging God for

1302
00:51:46,900 --> 00:51:44,900
something is a very fundamental level

1303
00:51:49,739 --> 00:51:46,910
it's a it's a it's a fundamental base

1304
00:51:52,989 --> 00:51:49,749
level it's better than nothing but

1305
00:51:55,420 --> 00:51:52,999
shifting to affirmative prayer which is

1306
00:51:58,029 --> 00:51:55,430
a positive nada I want this but rather

1307
00:52:01,109 --> 00:51:58,039
I'm affirming that this is so is more

1308
00:52:03,759 --> 00:52:01,119
evolved and even more so decrease

1309
00:52:04,599 --> 00:52:03,769
decrease are like affirmations on

1310
00:52:06,190 --> 00:52:04,609
steroids

1311
00:52:08,559 --> 00:52:06,200
this is when it's not just like I'm

1312
00:52:10,690 --> 00:52:08,569
affirming good things I am boom I'm like

1313
00:52:12,609 --> 00:52:10,700

you know like in the Bible Jesus says

1314

00:52:15,729 --> 00:52:12,619

decree a thing and it will be so like

1315

00:52:18,160 --> 00:52:15,739

that's really like it's affirmations but

1316

00:52:22,420 --> 00:52:18,170

with intense faith behind it and on and

1317

00:52:23,799 --> 00:52:22,430

on so decrees are very powerful and and

1318

00:52:25,569 --> 00:52:23,809

I should say you know and then further

1319

00:52:28,989 --> 00:52:25,579

than that even further than that is just

1320

00:52:31,329 --> 00:52:28,999

communion with God see because you know

1321

00:52:33,849 --> 00:52:31,339

I see God you helped bring me a new car

1322

00:52:35,769 --> 00:52:33,859

picture this you bringing a new car or I

1323

00:52:38,019 --> 00:52:35,779

affirm that a new car is coming my way

1324

00:52:40,239 --> 00:52:38,029

or I decree that I have this and that

1325

00:52:42,849 --> 00:52:40,249

and by a certain date great but check

1326

00:52:46,269 --> 00:52:42,859

this out if I learn to commune with God

1327

00:52:50,440 --> 00:52:46,279

and I become one with God what is it

1328

00:52:52,239 --> 00:52:50,450

that I could not have in my life that it

1329

00:52:54,959 --> 00:52:52,249

wouldn't be there if I'm one with God if

1330

00:52:57,729 --> 00:52:54,969

God is all so the community altar

1331

00:53:00,309 --> 00:52:57,739

communion type but if I tell you that

1332

00:53:01,870 --> 00:53:00,319

the ultimate prayer is communion and the

1333

00:53:03,759 --> 00:53:01,880

ultimate forgiveness is when you realize

1334

00:53:05,589 --> 00:53:03,769

there's nothing left to forgive then

1335

00:53:08,160 --> 00:53:05,599

people try to jump to that final step

1336

00:53:10,809 --> 00:53:08,170

and commune when they don't know how or

1337

00:53:12,009 --> 00:53:10,819

for you know experience there's no need

1338

00:53:14,049 --> 00:53:12,019

to forgive anything anymore

1339

00:53:15,219 --> 00:53:14,059

when in fact they're still hurting so

1340

00:53:17,140 --> 00:53:15,229

even though I'm saying there's higher

1341

00:53:19,749 --> 00:53:17,150

levels we have to really be careful and

1342

00:53:21,729 --> 00:53:19,759

be responsible to only work the ones

1343

00:53:24,400 --> 00:53:21,739

that we're where we're at in our

1344

00:53:26,229 --> 00:53:24,410

consciousness where our beliefs are and

1345

00:53:28,710 --> 00:53:26,239

so Michael I need to cut off buddy I

1346

00:53:32,010 --> 00:53:28,720

hate it I know let me rephrase that

1347

00:53:34,500 --> 00:53:32,020

we the time our it time goes by so fast

1348

00:53:36,870 --> 00:53:34,510

when I'm living in on the in the Bliss

1349

00:53:38,460 --> 00:53:36,880

strata please come back my apologies to

1350

00:53:41,520 --> 00:53:38,470

you about some of the sound issues that

1351

00:53:43,380 --> 00:53:41,530

I'm having audio/video issues or is

1352

00:53:44,670 --> 00:53:43,390

there is there a quick closing thought I

1353

00:53:49,220 --> 00:53:44,680

mean we had a matter of a half a minute

1354

00:53:51,390 --> 00:53:49,230

yes I would like to just say this

1355

00:53:53,520 --> 00:53:51,400

whatever we're talking about here you

1356

00:53:55,440 --> 00:53:53,530

like it you don't like it and so on the

1357

00:53:58,050 --> 00:53:55,450

one thing I would like to affirm for us

1358

00:53:59,820 --> 00:53:58,060

all is rediscover oneness with God find

1359

00:54:02,099 --> 00:53:59,830

a way to commune with God and remember

1360

00:54:04,950 --> 00:54:02,109

one of the best ways is through humility

1361

00:54:06,240 --> 00:54:04,960

pray sincerely forgive sincerely it

1362

00:54:08,700 --> 00:54:06,250

doesn't matter the technique if it's

1363

00:54:11,400 --> 00:54:08,710

sincere go for it sincerity and humility

1364

00:54:12,990 --> 00:54:11,410

that's the way back home everyone mr.

1365

00:54:17,430 --> 00:54:13,000

Michael Amir dad I say all the time

1366

00:54:20,099 --> 00:54:17,440

passion sincerity humility and what is

1367

00:54:24,570 --> 00:54:20,109

the other one um passion sincerity

1368

00:54:26,370 --> 00:54:24,580

humility and while it's leading me okay

1369

00:54:27,540 --> 00:54:26,380

so everyone keep tempting Blanchett here

1370

00:54:29,520 --> 00:54:27,550

your host the City of Light radio every

1371

00:54:30,780 --> 00:54:29,530

Monday night 6 p.m. Eastern Time you can

1372

00:54:32,160 --> 00:54:30,790

find it here in this channel so thank

1373

00:54:34,109 --> 00:54:32,170

you to my wonderful guest today and

1374

00:54:35,609 --> 00:54:34,119

thank you to a very full channel I'm

1375

00:54:37,710 --> 00:54:35,619

gonna be seeing you next week always

1376

00:54:39,030 --> 00:54:37,720

remember you have nothing to do late at

1377

00:54:41,070 --> 00:54:39,040

night you just laying in the bed you

1378

00:54:42,690 --> 00:54:41,080

might as well be doing something breathe

1379

00:54:44,190 --> 00:54:42,700

breathe like he wants something beyond

1380

00:54:47,160 --> 00:54:44,200

which you've ever known you find

1381

00:54:49,859 --> 00:54:47,170

yourself shortly living the deafening

1382

00:54:51,270 --> 00:54:49,869

cosmic life screaming all things are in

1383

00:54:53,579 --> 00:54:51,280

there trust me that's where the good

1384

00:54:55,109 --> 00:54:53,589

stuffs at get a man do you think make

1385

00:54:56,640 --> 00:54:55,119

your life experience to the Bliss that

1386

00:54:57,050 --> 00:54:56,650

you came here to experience peace love

1387

00:55:07,440 --> 00:54:57,060

and light